















Allergy Aware / Gluten Free / Halal / Vegan **Lunch Menu**

all Vegetarian choices are also suitable for Vega	ns	all Vegeta
NAME		NAME
WARD		WARD
		WARD
E = Easy Chew V = Vegetarian Ve = Vegan So G = Gluten Free D = Suitable for those with Diabet	= Soya es	E = Easy Chew G = Gluten Fre
This menu is free from all 14 common listed Alle	-	This menu is f
Celery, Cereals containing gluten, Crustaceans, E		Celery, Cereals
Fish, Lupin, Milk, Molluscs, Mustard & Nuts, Pea Sesame seeds, Soya & Sulphur dioxide.	anuts,	Fish, Lupin, I Sesan
1. Orange Juice	GVDE	1. 🗆 Orange
2. Apple Juice	GVDE	2. ☐ Apple J
3. Lamb Casserole with Parmentier	GD	3. ☐ Chicken
Potato & Vegetables		Potatoe
4. Chicken Casserole with Parmentier	GD	& Green
Potatoes served with Cauliflower		4. ☐ Savoury
& Green Beans		5. Roast C
5. Roast Chicken	GD	6. Mediter
6. Chilli Con Carne	GD	7. Cottage
7. Beef Casserole with New Potatoes	GD	8.
& Vegetables		9. □Harvest
8. Cottage Pie	GD	Potatoe
9.		Roasted
10. Mediterranean Stew	GDVeV	11.□Fruit Sa
11. Fruit Salad	GDVEVe	12. ☐ Fruit Je
12. Fruit Jelly	GDE	13. ☐ Fresh A
13. Nairn's Gluten Free Oat Biscuit - <i>Evening Snack</i>		14. ☐ Fresh Ba
Sandwiches suitable for Gluten Free Diets	Only	Sandwiche
- Please tick filling choice 14. ☐ Ham		
	GDV	15. □ Ham
15. ☐ Cheese/Vegan Cheese16. ☐ Tuna & Cucumber	GDV	16. ☐ Cheese
Puddings suitable for Gluten Free Diets		17. 🗌 Tuna
17. Rice Pudding	GDVE	Puddings
18. Apple Crumble & Custard	GVE	18. ☐ Rice P
19. ☐ Chocolate Mousse	GVE	19. □ Apple
20. Oat Milk Rice Pudding	GDVE	20. \square Choco
	GESo	21. 🗌 Choco
		22. ☐ Oat M
Please advise the Catering team of your allergies by ticking the relevant boxe		Please allergi
	_ l	
Celery Lupin & L	Peanuts Sesame	Celery
Cereals containing Milk	Seeds	Cerea Glute
Crustaceans Molluscs	Soya	Crusta
Eggs Mustard	Sulphur Dioxide	Eggs
Fish Nuts		Fish
For Ward Use Only ☐ Assistance Required ☐ Gre	en Tray	For Ward Use

☐ Tick here to see a member of the Catering Team

Allergy Aware / Gluten Free / Halal / Vegan Supper Menu

all Vegetarian choices are also suitable for Vegans

NAME			
WARD			
E = Easy Chew V = Vegetarian Ve = Vegan So G = Gluten Free D = Suitable for those with Diabet			
This menu is free from all 14 common listed Allergens:-			
Celery, Cereals containing gluten, Crustaceans, Eggs and			
Fish, Lupin, Milk, Molluscs, Mustard & Nuts, Peanuts, Sesame seeds, Soya & Sulphur dioxide.			
1. ☐ Orange Juice	GVDE		
2. ☐ Apple Juice	GVDE		
3. ☐ Chicken Casserole with Parmentier	GD		
Potatoes served with Cauliflower			
& Green Beans			
4. ☐ Savoury Minced Beef	GD		
5. □ Roast Chicken	GD		
6. ☐ Mediterranean Stew	GDVeV		
7. □Cottage Pie	GDV		
8. \(\tag{8.} \(\tag{8.} \)			
9. Harvester Casserole with Roast	GDVeV		
Potatoes, Sweetcorn &			
Roasted Vegetables.			
11. ☐ Fruit Salad	GDVEVe		
12. ☐ Fruit Jelly	GDE		
13. ☐ Fresh Apple - <i>Evening Snack</i>			
14. ☐ Fresh Banana - Evening Snack			
Sandwiches suitable for Gluten Free Diets Only			
- Please tick filling choice			
15. Ham	GD		
16. ☐ Cheese/Vegan Cheese	GDV		
17. ☐ Tuna & Cucumber GD			
Puddings suitable for Gluten Free Diets Only			
18. ☐ Rice Pudding	GDVE		
19. ☐ Apple Crumble & Custard	GVE		
20. Chocolate Mousse	GVE		
21. Chocolate & Orange Torte (contains soya)	GESo		
22. Oat Milk Rice Pudding	GDVE		
Please advise the Catering team of you	our		
allergies by ticking the relevant boxes;			
Celery Lupin	Peanuts		
Cereals containing Milk	Sesame Seeds		
Crustaceans Molluscs Soya			
Eggs Mustard	Sulphur Dioxide		
Fish Nuts			
For Ward Use Only ☐ Assistance Required ☐ Green Tray			

ig(\square Tick here to see a member of the Catering Team ig)