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**2021 WINTER GENERAL MENU - SUNDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Cream of Cauliflower Soup | Cereals containing gluten, Milk |
| Lentil & Mushroom Curry | - |
| Roast Beef & Yorkshire Pudding | Yorkshire Pudding - Cereals containing gluten, Eggs, Milk |
| Fish Pie in a Parsley Sauce | Fish Pie - Cereals containing gluten, Fish, Milk |
| Wiltshire Cheddar Ploughman’s & Crusty Roll | Cereals containing gluten, Eggs, Milk, Mustard, Sulphur Dioxide |
| Hummus Salad Sandwich Brown - **VEGAN** | Cereals containing gluten |
| Egg Mayo Sandwich White | Cereals containing gluten, Egg |
| Side Salad | - |
| Mashed Potato | Milk |
| Roast Potato | - |
| Rice | - |
| Gravy | - |
| Reduced Sugar Tapioca Pudding | Milk |
| Fruit Jelly | - |
| Vanilla Ice Cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Cream of Potato & Leek Soup | Cereals containing gluten, Milk |
| Vegetable Cottage Pie - **VEGAN** | Celery, Milk |
| Chilli Con Carne | Cereals containing gluten |
| White Rice | - |
| Ham Salad | Egg, Mustard, Sulphur Dioxide |
| Cheese Omelette | Egg, Milk |
| Jacket Potato & Tuna Mayo | Fish, Egg |
| Hummus Salad Sandwich White - **VEGAN**  | Cereals containing gluten |
| Egg Mayo Sandwich Brown | Cereals containing gluten, Egg |
| Ham & Tomato Sandwich Brown | Cereals containing gluten |
| Ham & Tomato Sandwich White | Cereals containing gluten |
| Apple Crumble | Cereals containing gluten, Milk |
| Custard | Milk |
| Fruit Jelly | - |
| Fruit Yoghurt | Milk |

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**2021 WINTER GENERAL MENU - MONDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Rich Tomato Soup | Cereals containing gluten, Milk |
| Cheesy Leek Bake | Cereals containing gluten, Milk, Mustard |
| Chicken Casserole | Celery, Cereals containing gluten |
| Mild Beef Curry | Cereals containing gluten |
| Egg Salad | Egg, Sulphur Dioxide |
| Salmon Sandwich Brown | Cereals containing gluten, Fish |
| Cheese Sandwich White | Cereals containing gluten, Milk |
| Side Salad | - |
| Gravy  | - |
| Pilau Rice | - |
| Parsley Potato | - |
| Mashed Potatoes | Milk |
| Pear Crumble | Cereals containing gluten |
| Reduced Sugar Custard | Milk |
| Fruit Jelly | - |
| Vanilla Ice Cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Vegetable Soup | Celery, Cereals containing gluten, Milk |
| Veg Pie topped with Pastry - **VEGAN** | Celery, Cereals containing gluten, Milk |
| Pork & Apple Casserole | Celery, Cereals containing gluten |
| Baked Beans | - |
| Parsley Potato | - |
| Turkey Salad | Egg, Mustard, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket Potato with Cheese | Milk |
| Salmon Sandwich White | Cereals containing gluten, Fish |
| Cheese Sandwich Brown | Cereals containing gluten, Milk |
| Turkey & Cranberry Sandwich Brown | Cereals containing gluten |
| Turkey & Cranberry Sandwich White | Cereals containing gluten |
| Strawberry Mousse | Milk |
| Vanilla Ice Cream | Milk |
| Fruit Yoghurt | Milk |

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**2021 WINTER GENERAL MENU - TUESDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Mushroom Soup | Cereals containing gluten, Milk |
| Vegetable Ratatouille - **VEGAN** | Sulphur Dioxide |
| Chicken & Coriander Stew | Cereals containing gluten, Celery, Milk |
| Glazed Roast Gammon | - |
| Cheese Salad | Egg, Milk, Mustard, Sulphur Dioxide |
| Tuna Mayo Sandwich Brown | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich White | Cereals containing gluten, Milk |
| Side Salad | - |
| Roasted New Potatoes | - |
| Mashed Potatoes | Milk |
| Gravy | - |
| Reduced Sugar Semolina Pudding | Milk |
| Fruit Jelly  | - |
| Vanilla Ice Cream | Milk  |
| Fresh Fruit Salad | - |

**Supper**

|  |  |
| --- | --- |
| Minted Pea Soup | Cereals containing gluten, Milk |
| Broccoli Mushroom Pasta Bake | Cereals containing gluten, Egg, Milk |
| Cottage Pie | Cereals containing gluten, Milk |
| Chicken & Bacon Salad | Egg, Mustard, Sulphur Dioxide |
| Cheese Omelette | Egg, Milk |
| Jacket Potato with Tuna | Egg, Fish |
| Tuna Mayo Sandwich White | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich Brown | Cereals containing gluten, Milk |
| Hummus Sandwich Brown - **VEGAN** | Cereals containing gluten |
| Hummus Sandwich White - **VEGAN** | Cereals containing gluten |
| Apple Crumble | Cereals containing gluten, Milk |
| Custard | Milk |
| Fruit Yoghurt | Milk |
| Cheese & Biscuits | Cereals containing gluten, Milk |

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**2021 WINTER GENERAL MENU - WEDNESDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Broccoli & Stilton Soup | Cereals containing gluten, Milk |
| Bean & Vegetable Bake - **VEGAN** | Celery, Cereals containing gluten |
| Steamed Fish in Parsley Sauce | Cereals containing gluten, Fish, Milk |
| Pork in Mild Mustard Sauce | Celery, Cereals containing gluten, Milk, Mustard |
| Tuna Pasta Salad | Cereals containing gluten, Eggs, Fish, Sulphur Dioxide |
| Salmon Sandwich Brown | Cereals containing gluten, Fish |
| Cheese Sandwich White | Cereals containing gluten, Milk |
| Side Salad | - |
| Boiled Potatoes | - |
| Mashed Potatoes | Milk |
| Gravy | - |
| Reduced Sugar Rice Pudding | Milk |
| Fruits of the Forest Trifle | Milk |

**Supper**

|  |  |
| --- | --- |
| Cream of Tomato Soup | Cereals containing gluten, Milk |
| Leek & Potato Hot Pot | Cereals containing gluten, Milk |
| Mildly Spiced Tomato Chicken Pasta | Celery, Cereals containing gluten, Egg, Milk |
| Mixed Bean Salad | Egg, Milk, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket Potato with Cheese | Milk |
| Salmon Sandwich White | Cereals containing gluten, Fish |
| Cheese Sandwich Brown | Cereals containing gluten, Milk |
| Egg Sandwich Brown | Cereals containing gluten, Egg |
| Egg Sandwich White | Cereals containing gluten, Egg |
| Pear Crumble | Cereals containing gluten, Milk |
| Reduced Sugar Custard  | Milk |
| Fruit Jelly | - |
| Vanilla Ice Cream | Milk |

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**2021 WINTER GENERAL MENU - THURSDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| White Onion Soup | Cereals containing gluten, Milk |
| Mild Sweet Potato & Lentil Curry - **VEGAN** | - |
| Roast Pork | - |
| Beef Lasagne | Cereals containing gluten, Milk |
| Smoked Mackerel Salad | Cereals containing gluten, Egg, Fish, Sulphur Dioxide |
| Cheese Sandwich Brown | Cereals containing gluten, Milk |
| Ham & Mustard Sandwich White | Cereals containing gluten, Mustard |
| Side Salad | - |
| Gravy | - |
| Aromatic White Rice | - |
| Mashed Potatoes | Milk |
| Roast Potatoes | - |
| Reduced Sugar Semolina Pudding | Milk |
| Fruit Jelly | - |
| Vanilla Ice Cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Cream of Mushroom Soup | Cereals containing gluten, Milk |
| Cheese & Onion Quiche | Celery, Cereals containing gluten, Egg, Milk, Soya |
| Ham Pie in Shortcrust Pastry | Cereals containing gluten, Egg, Milk |
| Ham Salad | Egg, Mustard, Sulphur Dioxide |
| Cheese Omelette | Egg, Milk |
| Jacket Potato with Cheese | Milk |
| Cheese Sandwich White | Cereals containing gluten, Milk |
| Chicken Mayo Sandwich Brown | Cereals containing gluten, Egg |
| Chicken Mayo Sandwich White | Cereals containing gluten, Egg |
| Ham & Mustard Sandwich Brown | Cereals containing gluten, Mustard |
| Eton Mess | Egg, Milk |
| Cheese & Biscuits | Cereals containing gluten, Milk |
| Fruit Yoghurt | Milk |
| Reduced Sugar Yoghurt | Milk |

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**2021 WINTER GENERAL MENU - FRIDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Roast Vegetable & Lentil Soup | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Quorn & Black Bean Noodles | Cereals containing gluten, Egg, Soya |
| Battered White Fish | Cereals containing gluten, Fish |
| Beef & Mushroom Hot Pot | Cereals containing gluten, Egg, Fish |
| Chicken Caesar Salad | Egg, Milk, Sulphur Dioxide |
| Tuna Mayo Sandwich Brown | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich White | Cereals containing gluten, Milk |
| Side Salad | - |
| Mashed Potatoes | Milk |
| Chipped Potatoes | Cereals containing gluten |
| Gravy | - |
| Blackberry & Apple Crumble | Cereals containing gluten, Milk |
| Reduced Sugar Custard | Milk |
| Vanilla Ice Cream | Milk |
| Fruit Jelly | - |

**Supper**

|  |  |
| --- | --- |
| Cream of Parsnip Soup | Cereals containing gluten, Milk |
| Vegetable Lentil Spaghetti Bolognese - **VEGAN** | Celery, Cereals containing gluten, Egg, Sulphur Dioxide |
| Chicken Curry | Cereals containing gluten, Mustard |
| White Rice | - |
| Turkey Salad | Egg, Mustard, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket Potato with Tuna | Fish |
| Tuna Mayo Sandwich White | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich Brown | Cereals containing gluten, Milk |
| Turkey Coleslaw Sandwich Brown | Cereals containing gluten, Egg |
| Turkey Coleslaw Sandwich White | Cereals containing gluten, Egg |
| Reduced Sugar Rice Pudding | Milk |
| Vanilla Ice Cream | Milk |

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**2021 WINTER GENERAL MENU - SATURDAY WEEK 1**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Vegetarian Scotch Broth | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Lentil & Vegetable Stew - **VEGAN** | Celery, Sulphur Dioxide |
| Braised Beef with Onion & Beer | Cereals containing gluten, Fish, Soya |
| White Fish in Parsley Sauce | Cereals containing gluten, Fish, Milk |
| Egg & Spinach Salad | Egg, Sulphur Dioxide |
| Beef Sandwich/ Brown | Cereals containing gluten |
| Egg Salad Sandwich/White | Cereals containing gluten, Egg |
| Side Salad | - |
| Mashed Potatoes | Milk |
| Boiled Potatoes | - |
| Gravy | - |
| Reduced Sugar Tapioca Pudding | Milk |
| Vanilla Ice cream | Milk |
| Fruit Jelly | - |

**Supper**

|  |  |
| --- | --- |
| Cream of Carrot & Coriander Soup | Cereals containing gluten, Milk |
| Macaroni Cheese | Cereals containing gluten, Milk, Mustard |
| Sweet & Sour Chicken | Celery |
| White Rice | - |
| Beef Salad | Egg, Sulphur Dioxide |
| Cheese Omelette | Egg, Milk |
| Jacket Potato with Chicken Mayo | Egg |
| Beef Sandwich/White | Cereals containing gluten |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Egg Salad Sandwich/Brown | Cereals containing gluten, Egg |
| Reduced Sugar Semolina Pudding | Milk |
| Cheese & Biscuits | Cereals containing gluten, Milk |
| Reduced Sugar Yoghurt | Milk |

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**2021 WINTER GENERAL MENU - SUNDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Pea & Watercress Soup | Cereals containing gluten, Milk |
| Vegetable & Mushroom Stew - **VEGAN** | Celery, Sulphur Dioxide |
| Roast Turkey & Stuffing | Stuffing – Cereals containing gluten |
| Sausage, Onions & Gravy | Cereals containing gluten, Milk |
| Mixed Bean & Feta Cheese Salad | Egg, Milk, Sulphur Dioxide |
| Tuna Mayo Sandwich/Brown | Cereals containing gluten, Egg, Milk, Fish |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Side Salad | - |
| Mashed Potatoes | Milk |
| Roast Potatoes | - |
| Gravy | - |
| Reduced Sugar Rice Pudding | Milk |
| Fruit yoghurt | Milk |
| Reduced Sugar Yoghurt | Milk |
| Vanilla Ice cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Butternut, Butterbean & Ginger Soup | Cereals containing gluten, Milk |
| Sweet Potato & Vegetable Bake | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Minced Beef & Onion Pie with Pastry Top | Cereals containing gluten, Egg, Fish, Milk |
| Parsley Potatoes | - |
| Ham Salad | Egg, Mustard, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket with Tuna | Egg, Fish |
| Tuna Mayo Sandwich/White | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Hummus Salad Sandwich/Brown -**VEGAN** | Cereals containing gluten |
| Ham Sandwich/White - **VEGAN** | Cereals containing gluten |
| Apple Crumble | Cereals containing gluten, Milk |
| Reduced Sugar Custard | Milk |
| Fruit Jelly | - |
| Vanilla Ice cream | Milk |

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**2021 WINTER GENERAL MENU - MONDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Cream of Carrot Soup | Cereals containing gluten, Milk |
| Courgette & Mushroom Pasta Bake | Cereals containing gluten, Milk |
| Beef & Vegetable Stew | Celery, Cereals containing gluten, Fish, Sulphur Dioxide |
| Sweet & Sour Pork | Celery, Sulphur Dioxide |
| Apple & Cheddar Salad | Milk |
| Salmon Sandwich/Brown | Cereals containing gluten, Fish |
| Egg Mayo Sandwich/White | Cereals containing gluten, Egg |
| Side Salad | - |
| White Rice | - |
| Boiled Potatoes | - |
| Mashed Potatoes | Milk |
| Gravy | - |
| Pear Crumble | Cereals containing gluten, Milk |
| Reduced Sugar Custard | Milk |
| Fruit Jelly | - |
| Vanilla Ice cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Vegetable Soup | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Vegetable Ratatouille - **VEGAN** | Celery, Sulphur Dioxide |
| Braised Chicken & Butternut Squash | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Boiled Potatoes | - |
| Tuna Salad | Egg, Fish, Sulphur Dioxide |
| Cheese Omelette | Egg, Milk |
| Jacket Potato with Cheese | Milk |
| Salmon Sandwich/White | Cereals containing gluten, Fish |
| Egg Mayo Sandwich/Brown | Cereals containing gluten, Egg |
| Ham & Tomato Sandwich/Brown | Cereals containing gluten |
| Ham & Tomato Sandwich/White | Cereals containing gluten |
| Reduced Sugar Semolina Pudding | Milk |
| Vanilla Ice cream | Milk |
| Chocolate Mousse | Milk |

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**2021 WINTER GENERAL MENU - TUESDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Cream of White Bean & Thyme Soup | Cereals containing gluten, Milk |
| Mixed Bean Casserole - **VEGAN** | - |
| Roast Beef & Yorkshire Pudding | Yorkshire Pudding - Cereals containing gluten, Eggs, Milk |
| Liver & Bacon Casserole | Celery, Cereals containing gluten |
| Cheese & Coleslaw Salad | Egg, Milk, Mustard, Sulphur Dioxide |
| Beef & Horseradish Sandwich/Brown | Cereals containing gluten |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Side Salad | - |
| Roast Potatoes | - |
| Mashed Potatoes | Milk |
| Gravy | - |
| Sticky Toffee Pudding | Cereals containing gluten, Egg |
| Custard | Milk |
| Fruit Yoghurt | Milk |
| Reduced Sugar Yoghurt | Milk |

**Supper**

|  |  |
| --- | --- |
| Cream of Tomato Soup | Cereals containing gluten, Milk |
| Vegetable & Sweet Potato Bake | Cereals containing gluten, Celery, Sulphur Dioxide |
| Tender Pork & Apple Sage Crumble | Cereals containing gluten, Milk, Soya |
| Boiled Potatoes | - |
| Beef Salad | Egg, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket Potato w/ Tuna Mayo | Egg, Fish |
| Beef & Horseradish Sandwich/White | Cereals containing gluten |
| Tuna Mayo Sandwich/Brown | Cereals containing gluten, Fish, Egg |
| Tuna Mayo Sandwich/White | Cereals containing gluten, Fish, Egg |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Rice Pudding | Milk |
| Fruit Jelly | - |
| Strawberry Mousse | Milk |
| Vanilla Ice cream | Milk |

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**2021 WINTER GENERAL MENU - WEDNESDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Cheesy Leek & Mustard Soup | Cereals containing gluten, Milk |
| Vegetable & Chickpea Chilli - **VEGAN** | Celery, Sulphur Dioxide |
| Grilled Pork Chops | - |
| Poached Fish in Tomato Sauce | Cereals containing gluten, Fish |
| Mixed Bean & Feta Cheese Salad | Egg, Milk, Sulphur Dioxide |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Egg Mayo Sandwich/White | Cereals containing gluten, Egg |
| Side Salad | - |
| Gravy | - |
| White Rice | - |
| Mashed Potatoes | Milk |
| Boiled Potatoes | - |
| Eton Mess | Egg, Milk |
| Vanilla Ice cream | Milk |
| Fruit Jelly | - |

**Supper**

|  |  |
| --- | --- |
| Sweet Potato & Coconut Soup | Cereals containing gluten, Milk, Sulphur Dioxide |
| Vegetable Lasagne | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Grilled Sausages | Cereals containing gluten |
| Baked Beans | - |
| Sauté Potatoes | Cereals containing gluten |
| Ham Salad | Egg, Sulphur Dioxide |
| Jacket Potato with Coleslaw | Egg, Sulphur Dioxide |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Egg Mayo Sandwich/Brown | Cereals containing gluten, Egg |
| Ham Salad Sandwich/Brown | Cereals containing gluten |
| Ham Salad Sandwich/White | Cereals containing gluten |
| Plum Crumble | Cereals containing gluten |
| Custard | Milk |
| Cheese & Biscuits | Cereals containing gluten, Milk |
| Vanilla Ice cream | Milk |

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Our allergy aware meals are free from all 14 common listed allergens –

Celery, Cereals containing gluten, Crustaceans, Eggs and Fish, Lupin, Milk, Molluscs, Mustard & Nuts, Peanuts, Sesame seeds, Soya & Sulphur Dioxide.

****The Allergy Aware/Gluten Free menu is available from the Catering office.

**Carrots, Cabbage, Onions, Potatoes – the listed have been prepared in a room where Sulphur Dioxide is present therefore some cross-contamination may have occurred.**

**2021 WINTER GENERAL MENU - THURSDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Creamy Carrot & Coriander Soup | Cereals containing gluten, Milk |
| Creamy Mushroom & Spinach Pasta | Cereals containing gluten, Milk |
| Roast Chicken | - |
| Cottage Pie | Cereals containing gluten, Milk |
| Cheese & Broccoli Quiche Salad | Cereals containing gluten, Egg, Milk, Mustard, Sulphur Dioxide |
| Hummus Salad Sandwich/Brown - **VEGAN** | Cereals containing gluten, Fish |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Side Salad | - |
| Gravy | - |
| Mashed Potatoes | Milk |
| Roast Potatoes | - |
| Chocolate Mousse | Milk |
| Fruit Trifle | Milk |
| Vanilla Ice cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Cream of Celery Soup | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Tomato & Herb Pasta Bake - **VEGAN** | Cereals containing gluten |
| Spaghetti Bolognese | Cereals containing gluten |
| Tuna Mayo Salad | Egg, Fish, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket Potato with Cheese | Milk |
| Hummus Salad Sandwich/White **- VEGAN** | Cereals containing gluten |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Ham & Mustard Sandwich/Brown | Cereals containing gluten, Mustard |
| Ham & Mustard Sandwich/White | Cereals containing gluten, Mustard |
| Semolina Pudding | Milk |
| Fruit Jelly | - |
| Fruit Yoghurt | Milk |
| Reduced Sugar Yoghurt | Milk |

**If a patient has a food allergy;**

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Our allergy aware meals are free from all 14 common listed allergens –

Celery, Cereals containing gluten, Crustaceans, Eggs and Fish, Lupin, Milk, Molluscs, Mustard & Nuts, Peanuts, Sesame seeds, Soya & Sulphur Dioxide.

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**2021 WINTER GENERAL MENU - FRIDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Vegetable & Herb Soup | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Lentil & Aubergine Bake - **VEGAN** | Cereals containing gluten |
| Battered White Fish | Cereals containing gluten, Fish |
| Steak & Kidney Pie | Cereals containing gluten, Egg, Fish |
| Chicken & Bacon Salad | Egg, Mustard, Sulphur Dioxide |
| Salmon Mayo Sandwich/Brown | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Side Salad | - |
| Mashed Potatoes | Milk |
| Chipped Potatoes | Cereals containing gluten |
| Gravy | - |
| Reduced Sugar Rice Pudding | Milk |
| Fruit Yoghurt | Milk |
| Reduced Sugar Yoghurt | Milk |
| Vanilla Ice cream | Milk |

**Supper**

|  |  |
| --- | --- |
| Cream of Spinach Soup | Cereals containing gluten, Milk |
| Vegetable Pasty | Celery, Cereals containing gluten, Eggs, Milk |
| Mild Beef Curry | Cereals containing gluten |
| White Rice | - |
| Turkey Salad | Egg, Mustard, Sulphur Dioxide |
| Cheese Omelette | Egg, Milk |
| Jacket Potato with Cheese | Milk |
| Turkey Salad Sandwich/Brown | Cereals containing gluten |
| Turkey Salad Sandwich/White | Cereals containing gluten |
| Salmon Mayo Sandwich/White | Cereals containing gluten, Egg, Fish |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Strawberry Mousse | Milk |
| Fruit Jelly | Jelly |
| Vanilla Ice cream | Milk |

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**2021 WINTER GENERAL MENU - SATURDAY WEEK 2**

**Lunch**

|  |  |
| --- | --- |
| **Dish** | **Contains** |
| Cream of Sweetcorn Soup | Cereals containing gluten, Milk |
| Vegetable Sweet & Sour - **VEGAN** | Celery, Sulphur Dioxide |
| Chicken & Mushroom Pie | Cereals containing gluten, Egg, Milk |
| Pork in Cider Sauce | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Cheese Salad & Coleslaw | Egg, Milk, Mustard, Sulphur Dioxide |
| Cheese Sandwich/Brown | Cereals containing gluten, Milk |
| Tuna Mayo Sandwich/White | Cereals containing gluten, Egg, Fish |
| Side Salad | - |
| Mashed Potatoes | Milk |
| White Rice | - |
| Gravy | - |
| Reduced Sugar Semolina Pudding | Milk |
| Vanilla Ice cream | Milk |
| Fruit Yoghurt | Milk |
| Reduced Sugar Yoghurt | Milk |

**Supper**

|  |  |
| --- | --- |
| Curried Parsnip Soup | Cereals containing gluten, Milk |
| Vegetable Moussaka | Celery, Cereals containing gluten, Milk, Sulphur Dioxide |
| Sweet & Sour Chicken | Celery, Sulphur Dioxide |
| Rice | - |
| Chicken Mayo Salad | Egg,, Mustard, Sulphur Dioxide |
| Plain Omelette | Egg, Milk |
| Jacket Potato with Baked Beans | Milk |
| Cheese Sandwich/White | Cereals containing gluten, Milk |
| Egg Salad Sandwich/Brown | Cereals containing gluten, Egg |
| Egg Salad Sandwich/White | Cereals containing gluten, Egg |
| Tuna Mayo Sandwich/Brown | Cereals containing gluten, Egg, Fish |
| Chocolate & Orange Mousse | Milk |
| Fruit Jelly | - |
| Vanilla Ice cream | Milk |