



AUTUMN 2024



AUTUMN 2024



# Children's Menu

**Sunday Lunch Week 1** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1  Home-made Cream of Cauliflower Soup
- Choose One Main Course**
- 2  Vegetable & Lentil Stew (Vegan)
  - 3  Roast Beef and Yorkshire Pudding
  - 4  Fish Pie in a Tomato Sauce
  - 5  Plain Omelette
  - 6  Ham & Cheese Pizza
  - 7  Tuna Mayonnaise Sandwich/Brown
  - 8  Hummus Salad Sandwich/White
- Choose Two of the following**
- 9  Broad Beans
  - 10  Carrots
  - 11
- Choose One of the following plus Gravy**
- 12  Mashed Potatoes
  - 13  Roast Potatoes
  - 14  Gravy
  - 15
- Choose One Dessert Course**
- 16  Reduced Sugar Tapioca Pudding
  - 17  Cheese and Biscuits
  - 18  Fresh Apple
  - 19  Fruit Jelly
  - 20  Vanilla Ice Cream
  - 21
  - 22
- Choose Mid Meal Snack**
- 23  Cheese and Biscuits

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**  
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**  
Red Tray  Assistance Required

# Children's Menu

NAME ..... **Sunday Supper Week 1**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1  Home-made Cream of Potato & Leek Soup
  - 2  Slice of White Bread
  - 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Macaroni Cheese
  - 5  Chilli Con Carne
  - 6  Side Salad
  - 7  White Rice
  - 8  Mixed Bean Salad
  - 9  Cheese Omelette
  - 10  Jacket Potato with Baked Beans (Vegan)
  - 11  Tuna Mayonnaise Sandwich White
  - 12  Hummus Salad Sandwich/Brown (Vegan)
  - 13  Ham Sandwich/Brown
  - 14  Ham Sandwich/White
  - 15
- Choose One Dessert Course**
- 16  Apple Crumble
  - 17  Custard
  - 18  Fresh Plum
  - 19  Fruit Jelly
  - 20  Fruit Yoghurt
  - 21
  - 22
- Fresh Fruit and Snacks**  
Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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AUTUMN 2024



AUTUMN 2024



# Children's Menu

**Monday**  
**Lunch Week 1**

NAME .....

WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose if Required

1  Rich Tomato Soup

#### Choose One Main Course

2  Sweet Potato Bake (Vegan)

3  Chicken Casserole

4  Mild Beef Curry

5  Fish Fingers

6  Vegetable Nuggets

7  Tuna Sandwich/Brown

8  Cheese Sandwich/White

#### Choose Two of the following

9  Cauliflower

10  Sweetcorn

11  Baked Beans

12  Side Salad

#### Choose One of the following plus Gravy

13  Pilau Rice

14  Parsley Potatoes

15  Gravy

16

#### Choose One Dessert Course

17  Strawberry Mousse

18

19  Vanilla Ice Cream

20  Fruit Jelly

21  Fresh Apple

22

#### Choose Mid Meal Snack

23  Fruit Flapjack

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

### For Ward Use Only

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# Children's Menu

NAME ..... **Monday**  
**Supper Week 1**

WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose Two of the following

1  Vegetable Soup

2  Slice of White Bread

3  Slice of Brown Bread

#### Choose One of the following plus veg

4  Meat Free Sausages (Vegan)

5  Pork & Apple Casserole

6  Baked Beans

7  Parsley Potatoes

8  Turkey Salad

9  Plain Omelette

10  Jacket Potato with Cheese

11  Tuna Sandwich/White

12  Cheese Sandwich/Brown

13  Chicken Mayo Sandwich/Brown

14  Chicken Mayo Sandwich/White

15

#### Choose One Dessert Course

16  Plum Crumble

17  Reduced Sugar Custard

18  Fresh Pear

19  Vanilla Ice Cream

20

21

22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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# Children's Menu

**Tuesday**  
**Lunch Week 1**

NAME .....

WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Home-made Mushroom Soup
- Choose One Main Course**
- 2  Vegetable Ratatouille (Vegan)
- 3  Creamy Chicken & Coriander Stew
- 4  Honey Glazed Roast Gammon
- 5  Cheese Salad
- 6  Cheese & Tomato Pizza
- 7  Tuna Mayonnaise Sandwich/Brown
- 8  Cheese Sandwich/White

**Choose Two of the following**

- 9  Cabbage
- 10  Mixed Vegetables
- 11

**Choose One of the following plus Gravy**

- 12  Roasted New Potatoes
- 13  Parsley Potatoes
- 14  Gravy
- 15

**Choose One Dessert Course**

- 16  Reduced Sugar Semolina Pudding
- 17  Fresh Satsuma
- 18  Vanilla Ice Cream
- 19  Fruit Jelly
- 20  Fresh Fruit Salad
- 21
- 22

**Choose Mid Meal Snack**

- 23  Hummus and Cucumber

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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# Children's Menu

NAME .....

WARD .....

**Tuesday**  
**Supper Week 1**

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Home-made Pea Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Veg Cottage Pie with Cheese (Vegan)
- 5  Cottage Pie
- 6  Side Salad
- 7  Chicken and Bacon Salad
- 8  Cheese Omelette
- 9  Jacket Potato with Baked Beans (Vegan)
- 10  Tuna Mayonnaise Sandwich/White
- 11  Cheese Sandwich/Brown
- 12  Ham Sandwich/Brown
- 13  Ham Sandwich/White
- 14
- 15

**Choose One Dessert Course**

- 16  Apple Crumble
- 17  Fruit Jelly
- 18  Fresh Plum
- 19  Vanilla Ice Cream
- 20  Custard
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

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# Children's Menu

**Wednesday  
Lunch Week 1**

NAME .....  
WARD .....

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

1  Home-made Broccoli & Stilton Soup

**Choose One Main Course**

- 2  Bean & Vegetable Bake (Vegan)
- 3  Steamed Fish in Tomato Sauce
- 4  Pork in Mild Mustard Sauce
- 5  Ham Salad
- 6  Tuna Sandwich/Brown
- 7  Cheese Sandwich/White
- 8

**Choose Two of the following**

- 9  Carrots
- 10  Peas
- 11

**Choose One of the following plus Gravy**

- 12  Boiled Potatoes
- 13  Mashed Potatoes
- 14  Gravy
- 15

**Choose One Dessert Course**

- 16  Reduced Sugar Rice Pudding
- 17  Fresh Apple
- 18  Fruits of the Forest Trifle
- 19  Vanilla Ice Cream
- 20
- 21
- 22

**Choose Mid Meal Snack**

23  Cheese and Biscuits

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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# Children's Menu

NAME .....  
WARD .....

**Wednesday  
Supper Week 1**

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Home-made Cream of Tomato Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Vegetable Lentil Chilli (Vegan)
- 5  Mildly Spiced Tomato Chicken Pasta
- 6  Side Salad
- 7  Tuna Mayonnaise Salad
- 8  Plain Omelette
- 9  Jacket Potato with Cheese
- 10  Tuna Sandwich/White
- 11  Cheese Sandwich/Brown
- 12  Egg Mayo Sandwich/Brown
- 13  Egg Mayo Sandwich/White
- 14
- 15

**Choose One Dessert Course**

- 16  Pear Crumble
- 17  Reduced Sugar Custard
- 18  Fresh Pear
- 19  Fruit Jelly
- 20  Vanilla Ice Cream
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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NHS Salisbury NHS Foundation Trust



# Children's Menu

# Children's Menu

**Thursday  
Lunch Week 1**

NAME .....  
WARD .....

NAME .....  
WARD .....

**Thursday  
Supper Week 1**

**Portion  
Size**

SMALL  MEDIUM  LARGE

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Home-made White Onion Soup
- Choose One Main Course**
- 2  Mild Sweet Potato Lentil Curry (Vegan)
- 3  Beef Lasagne
- 4  Roast Pork
- 5  Fish Fingers
- 6  Cheese Sandwich/White
- 7  Ham Sandwich/Brown
- 8

**Choose Two of the following**

- 9  Swede
- 10  Broccoli
- 11

**Choose One of the following plus Gravy**

- 12  White Rice
- 13  Mashed Potato
- 14  Roast Potatoes
- 15  Gravy

**Choose One Dessert Course**

- 16  Reduced Sugar Semolina Pudding
- 17  Fresh Apple
- 18  Vanilla Ice Cream
- 19  Fruit Jelly
- 20
- 21
- 22

**Choose Mid Meal Snack**

- 23  Fruit Flapjack

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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**Choose Two of the following**

- 1  Home-made Cream of Mushroom Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Cheese & Onion Quiche - Served Hot
- 5  Wiltshire Ham Pie in Shortcrust Pastry
- 6  Side Salad
- 7  Ham Salad
- 8  Cheese Omelette
- 9  Jacket Potato with Hummus & Peppers (Vegan)
- 10  Cheese Sandwich/Brown
- 11  Hummus Salad Sandwich/Brown (Vegan)
- 12  Hummus Salad Sandwich/White (Vegan)
- 13  Ham Sandwich/White
- 14
- 15

**Choose One Dessert Course**

- 16  Eton Mess
- 17  Cheese and Biscuits
- 18  Fresh Plum
- 19  Fruit Yoghurt
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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# Children's Menu

**Friday**  
**Lunch Week 1**

NAME .....  
WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Roast Vegetable & Lentil Soup
- Choose One Main Course**
- 2  Vegetable Sweet & Sour (Vegan)
- 3  Battered White Fish and Lemon
- 4  Beef & Mushroom Hot Pot
- 5  Chicken Caesar Salad
- 6  Tuna Mayonnaise Sandwich/Brown
- 7  Cheese Sandwich/White
- 8

**Choose Two of the following**

- 9  Cauliflower
- 10  Mushy Peas
- 11

**Choose One of the following plus Gravy**

- 12  Mashed Potatoes
- 13  Chipped Potatoes
- 14  Gravy
- 15  Rice

**Choose One Dessert Course**

- 16  Blackberry & Apple Crumble
- 17  Reduced Sugar Custard
- 18  Fresh Pear
- 19  Vanilla Ice Cream
- 20  Fruit Jelly
- 21
- 22

**Choose Mid Meal Snack**

- 23  Hummus and Cucumber

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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**For Ward Use Only**

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# Children's Menu

NAME .....  
WARD .....

**Friday**  
**Supper Week 1**

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Cream of Parsnip Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Vegetable Lentil Spaghetti Bolognese (Vegan)
- 5  Mild Chicken Curry
- 6  White Rice
- 7  Side Salad
- 8  Turkey Salad
- 9  Plain Omelette
- 10  Jacket Potato with Tuna
- 11  Tuna Mayonnaise Sandwich/White
- 12  Cheese Sandwich/Brown
- 13  Chicken Mayo Sandwich/Brown
- 14  Chicken Mayo Sandwich/White
- 15

**Choose One Dessert Course**

- 16  Reduced Sugar Rice Pudding
- 17  Fresh Apple
- 18  Fresh Banana
- 19  Vanilla Ice Cream
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

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# Children's Menu

**Saturday**  
**Lunch Week 1**

NAME .....

WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

1  Vegetarian Scotch Broth

**Choose One Main Course**

- 2  Lentil & Vegetable Stew
- 3  Braised Beef with Onion
- 4  White Fish in Parsley Sauce
- 5  Cheese & Tomato Pizza
- 6  Ham Sandwich/Brown
- 7  Egg Mayo Sandwich/White
- 8

**Choose Two of the following**

- 9  Carrots
- 10  Broad Beans
- 11  Baked Beans
- 12

**Choose One of the following plus Gravy**

- 13  Mashed Potatoes
- 14  Boiled Potatoes
- 15  Gravy
- 16

**Choose One Dessert Course**

- 17  Chocolate Mousse
- 18
- 19  Vanilla Ice Cream
- 20  Fruit Jelly
- 21  Fresh Banana
- 22

**Choose Mid Meal Snack**

23  Fresh Grapes

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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# Children's Menu

NAME .....

WARD .....

**Saturday**  
**Supper Week 1**

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Carrot & Coriander Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Vegetable Cottage Pie (Vegan)
- 5  Chicken Nuggets
- 6  Side Salad
- 7  Chips
- 8  Beef Salad
- 9  Cheese Omelette
- 10  Jacket Potato with Baked Beans (Vegan)
- 11  Ham Sandwich/White
- 12  Cheese Sandwich/Brown
- 13  Cheese Sandwich/White
- 14  Egg Mayo Sandwich/Brown
- 15

**Choose One Dessert Course**

- 16  Semolina Pudding Reduced Sugar
- 17  Cheese and Biscuits
- 18  Fresh Apple
- 19  Fruit Yoghurt
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

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# Children's Menu

**Sunday Lunch Week 2** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1  Pea & Watercress Soup
- Choose One Main Course**
- 2  Mixed Bean Lasagne
  - 3  Roast Turkey & Stuffing
  - 4  Grilled Sausages
  - 5  Tuna Mayonnaise Sandwich/Brown
  - 6  Cheese Sandwich White
  - 7
  - 8
- Choose Two of the following**
- 9  Cauliflower
  - 10  Peas
  - 11  Spaghetti Hoops
  - 12
- Choose One of the following plus Gravy**
- 13  Mashed Potatoes
  - 14  Roast Potatoes
  - 15  Gravy
  - 16
- Choose One Dessert Course**
- 17  Rice Pudding Reduced Sugar
  - 18  Vanilla Ice Cream
  - 19  Fresh Pear
  - 20  Custard
  - 21  Fruit Yoghurt
  - 22
- Choose Mid Meal Snack**
- 23  Cheese and Biscuits

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**  
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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# Children's Menu

NAME ..... **Sunday Supper Week 2**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1  Butternut, Butterbean & Ginger Soup
  - 2  Slice of White Bread
  - 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Sweet Potato & Vegetable Bake (Vegan)
  - 5  Minced Beef & Onion Pie with Pastry Top
  - 6  Parsley Potatoes
  - 7  Side Salad
  - 8  Ham Salad
  - 9  Plain Omelette
  - 10  Jacket Potato with Tuna
  - 11  Tuna Mayonnaise Sandwich/White
  - 12  Cheese Sandwich/Brown
  - 13  Chicken Mayo Sandwich/Brown
  - 14  Chicken Mayo Sandwich/White
  - 15
- Choose One Dessert Course**
- 16  Fruit Trifle
  - 17  Fresh Apple
  - 18  Fruit Jelly
  - 19  Vanilla Ice Cream
  - 20
  - 21
  - 22
- Fresh Fruit and Snacks**  
Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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# Children's Menu

**Monday Lunch Week 2** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Cream of Carrot Soup
- Choose One Main Course**
- 2  Courgette & Mushroom Pasta Bake (Vegan)
- 3  Beef & Vegetable Stew
- 4  Sweet & Sour Pork
- 5  Fish Fingers
- 6  Tuna Sandwich/Brown
- 7  Egg Mayonnaise Sandwich/White
- 8

**Choose Two of the following**

- 9  Green Beans
- 10  Carrots
- 11  Baked Beans
- 12

**Choose One of the following plus Gravy**

- 13  White Rice
- 14  Boiled Potatoes
- 15  Gravy
- 16

**Choose One Dessert Course**

- 17  Pear Crumble
- 18  Custard Reduced Sugar
- 19  Fresh Plum
- 20  Vanilla Ice Cream
- 21  Fruit Jelly
- 22

**Choose Mid Meal Snack**

- 23  Fruit Flapjack

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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# Children's Menu

NAME ..... **Monday Supper Week 2**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Vegetable Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread
- Choose One of the following plus veg**
- 4  Vegetable Roasted with Tofu (Vegan)
- 5  Chicken & Butternut Squash
- 6  Boiled Potatoes
- 7  Side Salad
- 8  Tuna Salad
- 9  Cheese Omelette
- 10  Jacket Potato with Cheese
- 11  Tuna Sandwich/White
- 12  Egg Mayonnaise Sandwich/Brown
- 13  Ham Sandwich/Brown
- 14  Ham Sandwich/White
- 15

**Choose One Dessert Course**

- 16  Semolina Pudding Reduced Sugar
- 17  Fresh Banana
- 18  Fruit Yoghurt
- 19  Chocolate Mousse
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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# Children's Menu

# Children's Menu

**Tuesday Lunch Week 2** NAME .....  
 WARD .....

NAME ..... **Tuesday Supper Week 2**  
 WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose if Required**

1  Cream of White Bean & Thyme Soup  
**Choose One Main Course**

2  Mixed Bean Casserole (Vegan)  
 3  Roast Chicken  
 4  Liver & Bacon Casserole  
 5  Cheese & Tomato Pizza  
 6  Chicken Mayo Sandwich/Brown  
 7  Cheese Sandwich/White  
 8

**Choose Two of the following**

9  Sweetcorn  
 10  Green Cabbage  
 11  Baked Beans  
 12

**Choose One of the following plus Gravy**

13  Roast Potatoes  
 14  Mashed Potato  
 15  Gravy  
 16

**Choose One Dessert Course**

17  Sticky Toffee Pudding  
 18  Custard  
 19  Fresh Apple  
 20  Vanilla Ice Cream  
 21  Fruit Yoghurt  
 22  Reduced Sugar Yoghurt

**Choose Mid Meal Snack**

23  Hummus and Cucumber

**Choose Two of the following**

1  Home-made Cream of Tomato Soup  
 2  Slice of White Bread  
 3  Slice of Brown Bread

**Choose One of the following plus veg**

4  Butternut Squash & Mushroom Bake (Vegan)  
 5  Pork & Apple Sage Crumble  
 6  Side Salad  
 7  Boiled Potatoes  
 8  Beef Salad  
 9  Plain Omelette  
 10  Jacket Potato with Tuna  
 11  Chicken Mayo Sandwich/White  
 12  Cheese Sandwich/Brown  
 13  Hummus Salad Sandwich Brown (Vegan)  
 14  Hummus Salad Sandwich/White (Vegan)  
 15

**Choose One Dessert Course**

16  Rice Pudding  
 17  Fruit Jelly  
 18  Fresh Plum  
 19  Fruit Jelly  
 20  Vanilla Ice Cream  
 21  Strawberry Mousse  
 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
 Please ask your ward Nurse

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**  
 Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

*Fresh, Local, Nutritious*  
 Supporting local food, freshly prepared





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 Red Tray  Assistance Required

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# Children's Menu

**Wednesday**  
**Lunch Week 2**

NAME .....  
WARD .....

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Home-made Cheesy Leek & Mustard Soup
- Choose One Main Course**
- 2  Vegetable & Chick Pea Chilli (Vegan)
- 3  Mild Chicken Curry
- 4  Poached Fish with Parsley Sauce
- 5  Cheese Sandwich/Brown
- 6  Egg Mayonnaise Sandwich/White
- 7
- 8

**Choose Two of the following**

- 9  Cauliflower
- 10  Mixed Vegetables
- 11  Spaghetti in Tomato Sauce
- 12  Side Salad

**Choose One of the following plus Gravy**

- 13  Mashed Potatoes
- 14  Roast Potatoes
- 15  White Rice
- 16  Gravy

**Choose One Dessert Course**

- 17  Reduced Sugar Rice Pudding
- 18  Vanilla Ice Cream
- 19  Fruit Jelly
- 20  Fresh Pear
- 21
- 22

**Choose Mid Meal Snack**

- 23  Cheese and Biscuits

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME ..... **Wednesday**  
WARD ..... **Supper Week 2**

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Home-made Sweet Potato & Coconut
- 2  Soup Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Vegetable Lasagne (Vegan)
- 5  Grilled Sausages
- 6  Baked Beans
- 7  Sauté Potatoes
- 8  Omelette
- 9  Jacket Potato with Cheese
- 10  Cheese Sandwich/White
- 11  Egg Mayonnaise Sandwich/Brown
- 12  Ham Sandwich/Brown
- 13  Ham Sandwich/White
- 14
- 15

**Choose One Dessert Course**

- 16  Eton Mess
- 17  Fruit Jelly
- 18  Fresh Apple
- 19  Vanilla Ice Cream
- 20  Reduced Sugar Rice Pudding
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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# Children's Menu

**Thursday  
Lunch Week 2**

NAME .....

WARD .....

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

1  Creamy Carrot & Coriander Soup

**Choose One Main Course**

2  Vegetable Curry (Vegan)

3  Roast Gammon

4  Cottage Pie

5  Tuna Sandwich/Brown

6  Cheese Sandwich/White

7

8

**Choose Two of the following**

9  Broccoli

10  Carrots

11  Baked Beans

12

**Choose One of the following plus Gravy**

13  Mashed Potatoes

14  Roast Potatoes

15  Gravy

16  Rice

**Choose One Dessert Course**

17  Chocolate Mousse

18  Fruit Trifle

19  Vanilla Ice Cream

20  Fresh Satsuma

21

22

**Choose Mid Meal Snack**

23  Fruit Flapjack

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME ..... **Thursday  
Supper Week 2**

WARD .....

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

1  Home-made Cream of Celery Soup

2  Slice of White Bread

3  Slice of Brown Bread

**Choose One of the following plus veg**

4  Vegetable Pasty (Vegan)

5  Spaghetti Bolognese

6  Side Salad

7  Tuna Mayonnaise Salad

8  Plain Omelette

9  Jacket Potato with Coronation Chicken

10  Tuna Mayonnaise Sandwich/White

11  Cheese Sandwich/Brown

12  Ham Sandwich/Brown

13  Ham Sandwich/White

14

15

**Choose One Dessert Course**

16  Semolina Pudding

17  Fruit Jelly

18  Fresh Apple

19  Fruit Yoghurt

20  Reduced Sugar Yoghurt

21

22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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(fruit & veg)

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# Children's Menu

**Friday Lunch Week 2** NAME .....  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1  Vegetable & Herb Soup  
**Choose One Main Course**  
 2  Lentil & Aubergine Bake (Vegan)  
 3  Battered White Fish & Lemon  
 4  Steak & Kidney Pie  
 5  Vegetable Nuggets  
 6  Tuna Mayonnaise Sandwich/Brown  
 7  Cream Cheese Sandwich/White  
 8
- Choose Two of the following**
- 9  Mushy Peas  
 10  Sweetcorn  
 11
- Choose One of the following plus Gravy**
- 12  Mashed Potatoes  
 13  Chipped Potatoes  
 14  Gravy  
 15
- Choose One Dessert Course**
- 16  Rice Pudding Reduced Sugar  
 17  Fruit Yoghurt  
 18  Fresh Pear  
 19  Vanilla Ice Cream  
 20   
 21   
 22
- Choose Mid Meal Snack**
- 23  Hummus and Cucumber

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME ..... **Friday Supper Week 2**  
WARD .....

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1  Home-made Cream of Spinach Soup  
 2  Slice of White Bread  
 3  Slice of Brown Bread  
**Choose One of the following plus veg**  
 4  Tomato & Herb Cheese Pasta Bake (Vegan)  
 5  Mild Beef Curry  
 6  Rice  
 7  Side Salad  
 8  Turkey Salad  
 9  Cheese Omelette  
 10  Jacket Potato with Baked Beans (Vegan)  
 11  Tuna Mayonnaise Sandwich/White  
 12  Chicken Mayo Sandwich/Brown  
 13  Chicken Mayo Sandwich/White  
 14  Cheese Sandwich/Brown  
 15
- Choose One Dessert Course**
- 16  Strawberry Mousse  
 17  Fresh Apple  
 18  Fruit Jelly  
 19  Vanilla Ice Cream  
 20  Banana  
 21   
 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup     Mustard     Mayonnaise  
 Salad Cream     Vinegar     Tartare Sauce

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# Children's Menu

**Saturday  
Lunch Week 2**

NAME .....

WARD .....

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose if Required**

- 1  Cream of Sweetcorn Soup
- Choose One Main Course**
- 2  Vegetable Sweet & Sour (Vegan)
- 3  Chicken & Mushroom Pie
- 4  Pork in Cider Sauce
- 5  Fish Fingers
- 6  Cheese Sandwich/Brown
- 7  Hummus Salad Sandwich/White
- 8

**Choose Two of the following**

- 9  Carrots
- 10  Peas
- 11  Baked Beans
- 12

**Choose One of the following plus Gravy**

- 13  Mashed Potatoes
- 14  Rice
- 15  Gravy
- 16

**Choose One Dessert Course**

- 17  Semolina Pudding Reduced Sugar
- 18  Fresh Satsuma
- 19  Vanilla Ice Cream
- 20  Fruit Yoghurt
- 21
- 22

**Choose Mid Meal Snack**

- 23  Fresh Grapes

- Ketchup     Mustard     Mayonnaise
- Salad Cream     Vinegar     Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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# Children's Menu

NAME ..... **Saturday  
Supper Week 2**

WARD .....

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose Two of the following**

- 1  Curried Parsnip Soup
- 2  Slice of White Bread
- 3  Slice of Brown Bread

**Choose One of the following plus veg**

- 4  Steakless Pasty (Vegan)
- 5  Sweet & Sour Chicken
- 6  Rice
- 7  Side Salad
- 8  Chicken Mayonnaise Salad
- 9  Plain Omelette
- 10  Jacket Potato with Cheese
- 11  Cheese Sandwich/White
- 12  Egg Sandwich/Brown
- 13  Egg Sandwich/White
- 14  Hummus Salad Sandwich/Brown
- 15

- 16  Chocolate & Orange Mousse
- 17  Fresh Apple
- 18  Fruit Jelly
- 19  Vanilla Ice Cream
- 20
- 21
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup     Mustard     Mayonnaise
- Salad Cream     Vinegar     Tartare Sauce

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