



SUMMER 2024

NHS
Salisbury
NHS Foundation Trust

SUMMER 2024



NHS
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Children's Menu

**Sunday
Lunch Week 1**

NAME

WARD

**Portion
Size**

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

1 Home-made Cream of Cauliflower Soup

Choose One Main Course

- 2 Vegetable Ratatouille (Vegan)
- 3 Roast Beef and Yorkshire Pudding
- 4 Chicken Wrapped in Bacon
- 5 Plain Omelette (Free Range)
- 6 Cheddar Ploughmans
- 7 Ham Sandwich/Brown
- 8 Egg Sandwich/White (Free Range)

Choose Two of the following

- 9 Peas
- 10 Swede
- 11

Choose One of the following plus Gravy

- 12 Mashed Potatoes
- 13 Roast Potatoes
- 14 Gravy
- 15

Choose One Dessert Course

- 16 Reduced Sugar Semolina Pudding
- 17 Fresh Satsuma
- 18 Chocolate Mousse
- 19 Vanilla Ice Cream
- 20
- 21
- 22

Choose Mid Meal Snack

23 Cheese and Biscuits

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

For Ward Use Only

Red Tray Assistance Required

Children's Menu

NAME

WARD

**Sunday
Supper Week 1**

**Portion
Size**

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Home-made Cream of Potato & Leek Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread

Choose One of the following plus veg

- 4 Macaroni Cheese
- 5 Chilli Con Carne (Somerset Beef)
- 6 Side Salad
- 7 Rice
- 8 Mixed Bean Salad
- 9 Cheese Omelette (Free Range)
- 10 Jacket Potato with Baked Beans (Vegan)
- 11 Tuna Mayonnaise Sandwich/White
- 12 Tuna Mayonnaise Sandwich/Brown
- 13 Egg Sandwich/Brown (Free Range)
- 14 Ham Sandwich/White
- 15

Choose One Dessert Course

- 16 Reduced Sugar Rice Pudding
- 17 Fresh Apple
- 18 Fruit Yoghurt
- 19 Vanilla Ice Cream
- 20 Fruit Jelly
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

*Fresh, Local,
Nutritious*
Supporting local food,
freshly prepared



For Ward Use Only

Red Tray Assistance Required



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Children's Menu

Monday Lunch Week 1 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1 Cream of Tomato Soup
- Choose One Main Course**
- 2 Sweet Potato Bake (Vegan)
 - 3 Beef Casserole
 - 4 Mild Chicken Curry
 - 5 Fish Fingers
 - 6 Cheese Salad
 - 7 Tuna Sandwich/Brown
 - 8 Cheese Sandwich/White
- Choose Two of the following**
- 9 Cauliflower
 - 10 Mixed Vegetables
 - 11 Side Salad
- Choose One of the following plus Gravy**
- 12 Pilau Rice
 - 13 Mashed Potatoes
 - 14 Gravy
 - 15 New Potatoes
- Choose One Dessert Course**
- 16 Peach Crumble & Crumble
 - 17 Fresh Pear
 - 18 Vanilla Ice Cream
 - 19 Fruit Jelly
 - 20
 - 21
 - 22
- Choose Mid Meal Snack**
- 23 Fruit Flapjack

- Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Red Tray Assistance Required

Children's Menu

NAME **Monday Supper Week 1**
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1 Spring Vegetable Soup
 - 2 Slice of White Bread
 - 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Veg Pie topped with Mash & Cheese (Vegan)
 - 5 Grilled Sausages
 - 6 Baked Beans
 - 7 Saute Potatoes
 - 8 Turkey Salad
 - 9 Plain Omelette (Free Range)
 - 10 Jacket Potato with Cheese
 - 11 Tuna Sandwich/White
 - 12 Cheese Sandwich/Brown
 - 13 Chicken Mayo Sandwich/Brown
 - 14 Chicken Mayo Sandwich/White
 - 15
- Choose One Dessert Course**
- 16 Strawberry Mousse
 - 17 Fruit Yoghurt
 - 18 Fruit Jelly
 - 19 Fresh Apple
 - 20
 - 21
 - 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

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Children's Menu

Tuesday
Lunch Week 1

NAME

WARD

Portion Size

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

- 1 Mushroom Soup
- Choose One Main Course**
- 2 Mushroom and Lentil Curry (Vegan)
- 3 Honey Glazed Roast Gammon
- 4 Cheese and Coleslaw Salad
- 5 Hummus Sandwich/Brown (Vegan)
- 6 Cheese Sandwich/White
- 7
- 8

Choose Two of the following

- 9 Broccoli
- 10 Sweetcorn
- 11 Side Salad

Choose One of the following plus Gravy

- 12 Roast Potatoes
- 13 Mashed Potatoes
- 14 Gravy
- 15 Rice

Choose One Dessert Course

- 16 Reduced Sugar Semolina Pudding
- 17 Vanilla Ice Cream
- 18 Fruit Yoghurt
- 19 Fresh Banana
- 20
- 21
- 22

Choose Mid Meal Snack

- 23 Hummus and Cucumber

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME

WARD

Tuesday
Supper Week 1

Portion Size

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Home-made Minted Pea Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Vegetable Pasta with Quorn (Vegan)
- 5 Cottage Pie (Somerset Beef)
- 6 Mixed Vegetables
- 7 Broccoli Quiche Salad
- 8 Cheese Omelette (Free Range)
- 9 Jacket Potato with Baked Beans (Vegan)
- 10 Hummus Sandwich/White (Vegan)
- 11 Cheese Sandwich/Brown
- 12 Ham Sandwich/Brown
- 13 Ham Sandwich/White
- 14
- 15

Choose One Dessert Course

- 16 Chocolate Mousse
- 17 Fruit Jelly
- 18 Fresh Plum
- 19 Vanilla Ice Cream
- 20
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime. Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

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Children's Menu

Wednesday
Lunch Week 1

NAME

WARD

Portion Size

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

1 Home-made Broccoli & Stilton Soup

Choose One Main Course

2 Vegetable and Lentil Chilli (Vegan)

3 Steamed Fish in Tomato Sauce

4 Beef Lasagne (Somerset Beef)

5 Tuna Pasta Salad

6 Tuna Sandwich/Brown

7 Cheese Sandwich/White

8

Choose Two of the following

9 Carrots

10 Peas

11

Choose One of the following plus Gravy

12 Parsley Potatoes

13 Mashed Potatoes

14 Gravy

15 Rice

Choose One Dessert Course

16 Reduced Sugar Rice Pudding

17 Fresh Plum

18 Fruit Jelly

19 Vanilla Ice Cream

20

21

22

Choose Mid Meal Snack

23 Cheese and Biscuits

Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME

WARD

Wednesday
Supper Week 1

Portion Size

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

1 Cream of Tomato Soup

2 Slice of White Bread

3 Slice of Brown Bread

Choose One of the following plus veg

4 Cheese & Potato Leek Bake (Vegan)

5 Creamy Cajun Chicken Pasta

6 Side Salad

7 Mixed Bean Salad

8 Plain Omelette (Free Range)

9 Jacket Potato with Coleslaw

10 Tuna Sandwich/White

11 Cheese Sandwich/Brown

12 Egg Sandwich/Brown (Free Range)

13 Egg Sandwich/White (Free Range)

14

15 **Choose One Dessert Course**

16 Pear Crumble

17 Reduced Sugar Custard

18 Fresh Satsuma

19 Fruit Jelly

20 Vanilla Ice Cream

21

22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

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Children's Menu

Thursday Lunch Week 1 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1 Home-made White Onion Soup
- Choose One Main Course**
- 2 Aubergine and Lentil Curry (Vegan)
 - 3 Grilled Pork Chops
 - 4 Sweet and Sour Chicken
 - 5 Cheese Sandwich/Brown
 - 6 Ham Sandwich/White
 - 7
 - 8
- Choose Two of the following**
- 9 Green Beans
 - 10 Cauliflower
 - 11
- Choose One of the following plus Gravy**
- 12 Mashed Potato
 - 13 New Potatoes
 - 14 Gravy
 - 15 Rice
- Choose One Dessert Course**
- 16 Reduced Sugar Semolina Pudding
 - 17 Vanilla Ice Cream
 - 18 Fruit Jelly
 - 19 Fresh Banana
 - 20
 - 21
 - 22
- Choose Mid Meal Snack**
- 23 Fruit Flapjack

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

Optional
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME **Thursday Supper Week 1**
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1 Creamy Watercress Soup
 - 2 Slice of White Bread
 - 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Cheese & Onion Quiche
 - 5 Wiltshire Ham Pie in Shortcrust Pastry
 - 6 Sweetcorn
 - 7 Ham Salad
 - 8 Cheese Omelette (Free Range)
 - 9 Jacket Potato with Baked Beans (Vegan)
 - 10 Croquette Potatoes
 - 11 Egg Mayo Sandwich/Brown (Free Range)
 - 12 Egg Mayo Sandwich/White (Free Range)
 - 13 Ham Sandwich/White
 - 14 Cheese Sandwich/White
 - 15
- Choose One Dessert Course**
- 16 Strawberry Mousse
 - 17
 - 18 Fresh Pear
 - 19 Fruit Yoghurt
 - 20 Reduced Sugar Yoghurt
 - 21
 - 22
- Fresh Fruit and Snacks**
Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

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Children's Menu

Friday Lunch Week 1 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1 Roast Vegetable and Lentil Soup
- Choose One Main Course**
- 2 Vegetable Sweet and Sour (Vegan)
 - 3 Battered White Fish and Lemon
 - 4 Beef & Mushroom Hot Pot
 - 5 Cheddar Cheese Salad
 - 6 Tuna Mayonnaise Sandwich/Brown
 - 7 Cheese Sandwich/White
 - 8
- Choose Two of the following**
- 9 Carrots
 - 10 Peas
 - 11
- Choose One of the following plus Gravy**
- 12 Mashed Potatoes
 - 13 Chipped Potatoes
 - 14 Gravy
 - 15 Rice
- Choose One Dessert Course**
- 16 Blackberry and Apple Crumble
 - 17 Reduced Sugar Custard
 - 18 Fresh Pear
 - 19 Vanilla Ice Cream
 - 20 Fruit Jelly
 - 21 Fresh Banana
 - 22
- Choose Mid Meal Snack**
- 23 Hummus and Salad Sticks

Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME **Friday Supper Week 1**
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1 Cream of Mushroom Soup
 - 2 Slice of White Bread
 - 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Vegetable Pasta Bake (Vegan)
 - 5 Mild Chicken Curry
 - 6 White Rice
 - 7 Side Salad
 - 8 Turkey Salad
 - 9 Plain Omelette (Free Range)
 - 10 Jacket Potato with Tuna
 - 11 Tuna Mayonnaise Sandwich/White
 - 12 Cheese Sandwich/Brown
 - 13 Chicken Sandwich/Brown
 - 14 Chicken Sandwich/White
 - 15
- Choose One Dessert Course**
- 16 Reduced Sugar Rice Pudding
 - 17 Fresh Apple
 - 18 Fruit Yoghurt
 - 19 Vanilla Ice Cream
 - 20
 - 21
 - 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

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PROTECTED MEALTIMES

FOOD FOR LIFE
GRONCHE SERVED HERE

5 A DAY
Just Eat More (fruit & veg)

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Children's Menu

**Saturday
Lunch Week 1**

NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

- 1 Moroccan Chickpea Soup
- 2 Steakless Pasty (Vegan)
- 3 Braised Beef with Onion
- 4 Grilled Dorset Sausage
- 5 Omelette
- 6 Ham Sandwich/Brown
- 7 Egg Sandwich/White (Free Range)
- 8

Choose One Main Course

Choose Two of the following

- 9 Broad Beans
- 10 Sweetcorn
- 11 Baked Beans
- 12

Choose One of the following plus Gravy

- 13 Mashed Potatoes
- 14 Boiled Potatoes
- 15 Gravy
- 16

Choose One Dessert Course

- 17 Strawberry Mousse
- 18 Fresh Banana
- 19 Fruit Yoghurt
- 20 Fruit Jelly
- 21
- 22

Choose Mid Meal Snack

- 23 Cheese & Biscuits

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME
WARD

**Saturday
Supper Week 1**

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Carrot & Coriander Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread

Choose One of the following plus veg

- 4 Vegetable Cottage Pie (Vegan)
- 5 Chilli Con Carne (Somerset Beef)
- 6 Side Salad
- 7 Rice
- 8 Beef Salad
- 9 Cheese Omelette (Free Range)
- 10 Jacket Potato with Cheese
- 11 Ham Sandwich/White
- 12 Cheese Sandwich/Brown
- 13 Cheese Sandwich/White
- 14 Egg Sandwich/Brown (Free Range)
- 15

Choose One Dessert Course

- 16 Reduced Sugar Semolina Pudding
- 17 Cheese and Biscuits
- 18
- 19 Fresh Banana
- 20
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

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Children's Menu

Sunday Lunch Week 2 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

- 1 Pea & Watercress Soup
- Choose One Main Course**
- 2 Vegetable Pasta and Lentil Bolognese (Vegan)
- 3 Roast Turkey & Stuffing
- 4 Fish in Parsley Sauce
- 5 Tuna Mayonnaise Sandwich/Brown
- 6 Cheese Sandwich White
- 7
- 8

Choose Two of the following

- 9 Cabbage
- 10 Carrots
- 11

Choose One of the following plus Gravy

- 12 Mashed Potatoes
- 13 Roast Potatoes
- 14 Gravy
- 15

Choose One Dessert Course

- 16 Reduced Sugar Rice Pudding
- 17 Fruit Yoghurt
- 18 Vanilla Ice Cream
- 19 Fresh Plum
- 20
- 21
- 22

Choose Mid Meal Snack

- 23 Fruit Flapjack

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME **Sunday Supper Week 2**
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Cream of Potato & Leek Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Vegetable and Sweet Potato Bake (Vegan)
- 5 Minced Beef and Onion Pie with Pastry Top
- 6 Side Salad
- 7 Green Beans
- 8 Ham Salad
- 9 Plain Omelette (Free Range)
- 10 Jacket Potato with Tuna
- 11 Tuna Mayonnaise Sandwich/White
- 12 Cheese Sandwich/Brown
- 13 Ham Sandwich/Brown
- 14 Ham Sandwich/White
- 15

Choose One Dessert Course

- 16 Chocolate Mousse
- 17
- 18 Fruit Jelly
- 19 Vanilla Ice Cream
- 20 Fresh Apple
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

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Children's Menu

Monday Lunch Week 2 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

- 1 Cream of Carrot Soup
- Choose One Main Course**
- 2 Meat Free Sausages (Vegan)
- 3 Chicken Stew
- 4 Sweet & Sour Pork
- 5 Omelette
- 6 Hummus Sandwich/Brown (Vegan)
- 7 Egg Mayo Sandwich/White (Free Range)
- 8

Choose Two of the following

- 9 Peas
- 10 Cauliflower
- 11 Baked Beans
- 12

Choose One of the following plus Gravy

- 13 White Rice
- 14 New Potatoes
- 15 Gravy
- 16 Mashed Potatoes

Choose One Dessert Course

- 17 Bread and Butter Pudding
- 18 Reduced Sugar Custard
- 19 Fresh Plum
- 20 Vanilla Ice Cream
- 21 Fruit Jelly
- 22

Choose Mid Meal Snack

- 23 Hummus and Salad Sticks

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME **Monday Supper Week 2**
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Vegetable Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Vegetable Casserole (Vegan)
- 5 Cornish Pasty
- 6 Side Salad
- 7 Sweetcorn
- 8 Turkey Salad
- 9 Cheese Omelette (Free Range)
- 10 Jacket Potato with Cheese
- 11 Egg Mayo Sandwich/White (Free Range)
- 12 Hummus Sandwich/Brown (Vegan)
- 13 Ham Sandwich/Brown
- 14 Ham Sandwich/White
- 15

Choose One Dessert Course

- 16 Reduced Sugar Semolina Pudding
- 17 Fresh Satsuma
- 18 Fruit Yoghurt
- 19 Fresh Banana
- 20
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

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Children's Menu

Tuesday Lunch Week 2 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

- 1 Cream of White Bean and Thyme Soup
- Choose One Main Course**
- 2 Mixed Bean Casserole (Vegan)
- 3 Mild Beef Curry (Somerset Beef)
- 4 Cottage Pie
- 5 Cheese Salad
- 6 Tuna Mayonnaise Sandwich/Brown
- 7 Cheese Sandwich/White
- 8

Choose Two of the following

- 9 Sweetcorn
- 10 Green Cabbage
- 11 Side Salad

Choose One of the following plus Gravy

- 12 Boiled Parsley Potatoes
- 13 Mashed Potato
- 14 Gravy
- 15 Rice

Choose One Dessert Course

- 16 Peach Crumble
- 17 Reduced Sugar Custard
- 18 Vanilla Ice Cream
- 19 Fruit Jelly
- 20 Fresh Apple
- 21
- 22

Choose Mid Meal Snack

- 23 Cheese and Biscuits

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Children's Menu

NAME **Tuesday Supper Week 2**
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Home-made Cream of Tomato Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread

Choose One of the following plus veg

- 4 Mushroom and Butternut Squash Bake (Vegan)
- 5 Pork in a Creamy Sauce
- 6 Green Beans
- 7 Boiled Potatoes
- 8 Egg Mayonnaise Salad
- 9 Plain Omelette (Free Range)
- 10 Jacket Potato with Tuna
- 11 Chicken Sandwich/Brown
- 12 Chicken Sandwich/White
- 13 Tuna Mayonnaise Sandwich/White
- 14 Cheese Sandwich/Brown
- 15

Choose One Dessert Course

- 16 Strawberry Mousse
- 17
- 18 Fruit Jelly
- 19 Vanilla Ice Cream
- 20 Fresh Banana
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
- Salad Cream Vinegar Tartare Sauce

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Children's Menu

Wednesday Lunch Week 2 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1 Home-made Cheesy Leek & Mustard Soup
- Choose One Main Course**
- 2 Vegetable Curry (Vegan)
 - 3 Roast Pork
 - 4 Grilled Fish with Cheese Sauce
 - 5 Chicken Sandwich/Brown
 - 6 Egg Mayo Sandwich/White (Free Range)
 - 7
 - 8
- Choose Two of the following**
- 9 Broccoli
 - 10 Mixed Vegetables
 - 11 Baked Beans
 - 12 Side Salad
- Choose One of the following plus Gravy**
- 13 Mashed Potatoes
 - 14 Roast Potatoes
 - 15 Gravy
 - 16 Rice
- Choose One Dessert Course**
- 17 Reduced Sugar Tapioca Pudding
 - 18 Fresh Plum
 - 19 Vanilla Ice Cream
 - 20 Fruit Jelly
 - 21
 - 22
- Choose Mid Meal Snack**
- 23 Fruit Flapjack

- Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Wednesday Supper Week 2 NAME
WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1 Home-made Sweet Potato & Coconut
 - 2 Soup Slice of White Bread
 - 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Mediterranean Vegetable Lasagne (Vegan)
 - 5 Savoury Minced Beef
 - 6 Carrots
 - 7 Ham Salad
 - 8 Cheese Omelette
 - 9 Jacket Potato with Coleslaw
 - 10 Boiled Potatoes
 - 11 Egg Mayo Sandwich/Brown (Free Range)
 - 12 Ham Sandwich/Brown
 - 13 Ham Sandwich/White
 - 14 Chicken Sandwich White
 - 15
- Choose One Dessert Course**
- 16 Chocolate Mousse
 - 17 Reduced Sugar Yoghurt
 - 18 Fresh Apple
 - 19 Fresh Banana
 - 20
 - 21
 - 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

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NHS Foundation Trust

SUMMER 2024



NHS
Salisbury
NHS Foundation Trust



Children's Menu

**Thursday
Lunch Week 2**

NAME
WARD

**Portion
Size**

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

- 1 Creamy Carrot & Coriander Soup
- 2 Vegetable and Chickpea Chilli (Vegan)
- 3 Pork and Onion in BBQ Sauce
- 4 Steak and Ale Pie
- 5 Tuna Sandwich/Brown
- 6 Cheese Sandwich/White
- 7
- 8

Choose One Main Course

Choose Two of the following

- 9 Broad Beans
- 10 Carrots
- 11 Baked Beans
- 12 Side Salad

Choose One of the following plus Gravy

- 13 Mashed Potatoes
- 14 Rice
- 15 Gravy
- 16 Roast Potatoes

Choose One Dessert Course

- 17 Apple Crumble
- 18 Reduced Sugar Custard
- 19 Fruit Yoghurt
- 20 Fresh Banana
- 21 Vanilla Ice Cream
- 22

Choose Mid Meal Snack

- 23 Hummus and Salad Sticks

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

For Ward Use Only

Red Tray Assistance Required

Children's Menu

NAME
WARD

**Thursday
Supper Week 2**

**Portion
Size**

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

- 1 Home-made Cream of Celery Soup
- 2 Slice of White Bread
- 3 Slice of Brown Bread

Choose One of the following plus veg

- 4 Vegetable Pasty (Vegan)
- 5 Spaghetti Bolognese
- 6 Peas
- 7 Tuna Salad
- 8 Plain Omelette (Free Range)
- 9 Jacket Potato with Cheese
- 10 Tuna Sandwich/White
- 11 Cheese Sandwich/Brown
- 12 Ham Sandwich/Brown
- 13 Ham Sandwich/White
- 14
- 15

Choose One Dessert Course

- 16 Semolina Reduced Sugar
- 17
- 18 Fresh Apple
- 19 Fruit Yoghurt
- 20 Fruit Jelly
- 21
- 22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

*Fresh, Local,
Nutritious*
Supporting local food,
freshly prepared



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Children's Menu

**Friday
Lunch Week 2**

NAME

WARD

**Portion
Size**

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose if Required

1 Vegetable & Herb Soup

Choose One Main Course

2 Lentil & Courgette Bake (Vegan)

3 Battered White Fish & Lemon

4 Beef Goulash

5 Chicken Mayo Sandwich/Brown

6 Cheese Sandwich/White

7

8

Choose Two of the following

9 Peas

10 Sweetcorn

11

Choose One of the following plus Gravy

12

13 Mashed Potatoes

14 Chipped Potatoes

15 Gravy

Choose One Dessert Course

16 Reduced Sugar Rice Pudding

17 Fruit Yoghurt

18 Fresh Plum

19 Vanilla Ice Cream

20

21

22

Choose Mid Meal Snack

23 Cheese and Biscuits

Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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Children's Menu

NAME

WARD

**Friday
Supper Week 2**

**Portion
Size**

SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

Choose Two of the following

1 Home-made Cream of Spinach Soup

2 Slice of White Bread

3 Slice of Brown Bread

Choose One of the following plus veg

4 Tomato & Herb Cheese Pasta Bake

5 Pork & Pepper Stew

6 New Potatoes

7 Side Salad

8 Turkey Salad

9 Cheese Omelette (Free Range)

10 Jacket Potato with Baked Beans

11 Tuna Mayonnaise Sandwich/White

12 Tuna Mayonnaise Sandwich/Brown

13 Chicken Mayo Sandwich/White

14 Cheese Sandwich/Brown

15

Choose One Dessert Course

16 Eton Mess

17 Fresh Apple

18 Fruit Jelly

19 Vanilla Ice Cream

20

21

22

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.
Please ask your ward Nurse

Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

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Children's Menu

Saturday Lunch Week 2 NAME
 WARD

Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose if Required**
- 1 Cream of Sweetcorn Soup
- Choose One Main Course**
- 2 Mushroom & Sweet Potato Curry (Vegan)
 3 Somerset Chicken and Mushroom Pie
 4 Braised Pork in Lemon Sauce
 5 Cheese Sandwich/White
 6 Tuna Mayonnaise Sandwich/Brown
 7 Cheese Ploughmans
 8
- Choose Two of the following**
- 9 Carrots
 10 Green Cabbage
 11
- Choose One of the following plus Gravy**
- 12 Mashed Potatoes
 13 Parsley Potatoes
 14 Gravy
 15 Rice
- Choose One Dessert Course**
- 16 Apple Crumble
 17 Reduced Sugar Custard
 18 Vanilla Ice Cream
 19 Fruit Jelly
 20 Fresh Satsuma
 21
 22
- Choose Mid Meal Snack**
- 23 Fruit Flapjack

- Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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Children's Menu

Saturday Supper Week 2 NAME
 WARD




Portion Size SMALL MEDIUM LARGE

■ Please fill in the box next to your choice like this

- Choose Two of the following**
- 1 Curried Parsnip Soup
 2 Slice of White Bread
 3 Slice of Brown Bread
- Choose One of the following plus veg**
- 4 Roast Vegetable and Tofu (Vegan)
 5 Beef Curry (Somerset Beef)
 6 Rice
 7 Side Salad
 8 Plain Omelette (Free Range)
 9 Jacket Potato with Cheese
 10 Cheese Sandwich/White
 11 Hummus Sandwich/Brown (Vegan)
 12 Hummus Sandwich/White (Vegan)
 13 Tuna Mayonnaise Sandwich/White
 14
 15
- Choose One Dessert Course**
- 16 Reduced Sugar Semolina Pudding
 17 Fresh Apple
 18 Vanilla Ice Cream
 19 Fruit Jelly
 20
 21
 22
- Fresh Fruit and Snacks**
- Fresh fruit and snacks are available anytime.
 Please ask your ward Nurse

- Ketchup Mustard Mayonnaise
 Salad Cream Vinegar Tartare Sauce

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