Allergy Aware Menu available on request, please ask Ward Team

Please do not write in the corner areas

WINTER 2021

NHS Salisbury NHS Foundation Trust

Children's Menu

Saturday
Lunch Week 2

NAME .....

WARD .....

Portion Size SMALL ☐ MEDIUM ☐ LARGE ☐

■ Please fill in the box next to your choice like this

Choose if Required

1 ☐ Cream of Sweetcorn Soup

Choose *One* Main Course

2 ☐ Vegetable Sweet & Sour (Vegan)
3 ☐ Chicken & Mushroom Pie
4 ☐ Pork in Cider Sauce
5 ☐ Fish Fingers
6 ☐ Cheese Sandwich/Brown
7 ☐ Tuna Mayonnaise Sandwich/White
8 ☐

Choose *Two* of the following

9 ☐ Broad Beans
10 ☐ Cauliflower
11 ☐ Baked Beans
12 ☐ Side Salad

Choose *One* of the following plus Gravy

13 ☐ Mashed Potatoes
14 ☐ Rice
15 ☐ Gravy

Choose *One* Dessert Course

16 ☐ Semolina Pudding Reduced Sugar
17 ☐ Fresh Satsuma
18 ☐ Vanilla Ice Cream
19 ☐ Fruit Yoghurt
20 ☐
21 ☐
22 ☐
23 ☐
24 ☐

☐ Ketchup ☐ Mustard
☐ Mayonnaise ☐ Tartare Sauce
☐ Salad Cream ☐ Vinegar

Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

☐ Tick here to see a member of the Catering Team

For Ward Use Only

Gold Tray ☐ **Assistance Required** ☐

WINTER 2021

NHS Salisbury NHS Foundation Trust

Children's Menu

NAME .....

WARD .....

Saturday
Supper Week 2

Portion Size SMALL ☐ MEDIUM ☐ LARGE ☐

■ Please fill in the box next to your choice like this

Choose *Two* of the following

1 ☐ Home-made Parsnip Soup
2 ☐ Slice of White Bread
3 ☐ Slice of Brown Bread

Choose *One* of the following plus veg

4 ☐ Vegetable Moussaka
5 ☐ Sweet & Sour Chicken
6 ☐ Rice
7 ☐ Brocolli
8 ☐ Chicken Mayonnaise Salad
9 ☐ Plain Omelette
10 ☐ Jacket Potato with Beans
11 ☐ Cheese Sandwich/White
12 ☐ Egg Sandwich/Brown
13 ☐ Egg Sandwich/White
14 ☐ Tuna Mayonnaise Sandwich/Brown
15 ☐

Choose *One* Dessert Course

16 ☐ Chocolate & Orange Mousse
17 ☐ Fresh Apple
18 ☐ Fruit Jelly
19 ☐ Vanilla Ice Cream
20 ☐
21 ☐
22 ☐
23 ☐
24 ☐

Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime
Please ask your ward Nurse

☐ Ketchup ☐ Mustard
☐ Mayonnaise ☐ Tartare Sauce
☐ Salad Cream ☐ Vinegar

Fresh, Local, Nutritious
Supporting local food, freshly prepared

PROTECTED MEALTIMES

FOOD FOR LIFE BRONZE SERVED HERE Soil Association

5 A DAY Just Eat More (fruit & veg)

For Ward Use Only

Gold Tray ☐ **Assistance Required** ☐