



**Sunday Lunch Week 1**

NAME .....

WARD .....

**Sunday Supper Week 1**

NAME .....

WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
H = High Protein/High Energy E = Easy Chew G = Gluten Free

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H = High Protein/High Energy E = Easy Chew G = Gluten Free

**Portion Size**

SMALL  MEDIUM  LARGE

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SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice ♥ VG
- 2  Cream of Cauliflower Soup in a Mug VDEHG
- 3

**Choose one Main Course**

- 4  Vegetable & Lentil Stew (Vegan) ♥ VDEG
- 5  Roast Beef & Yorkshire Pudding DH
- 6  Fish Pie in a Tomato Sauce DEH
- 7  Wiltshire Cheddar Ploughman's & Crusty Roll ♥ VD
- 8  Tuna Mayo Sandwich/Brown DH
- 9  Hummus Salad Sandwich/White (Vegan) VDH

**Small Appetite Meal - Served on a Small Plate**

- 10  Fish Pie in a Tomato Sauce DEH

**Choose two of the following**

- 11  Broad Beans ♥ VDG
- 12  Carrots ♥ VDEG
- 13
- 14

**Choose one of the following plus gravy**

- 15  Mashed Potatoes VDEG
- 16  Roast Potatoes VDG
- 17  Gravy VDEG

**Choose one Dessert Course**

- 18  Reduced Sugar Tapioca Pudding VDEG
- 19  Fresh Apple (in season) ♥ VDG
- 20  Fruit Jelly VEGD
- 21  Vanilla Ice Cream VDEG
- 22

**Choose Mid Meal Snack**

- 23  Cheese and Biscuits

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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Red Tray  Assistance Required

**Choose two of the following**

- 1  Cream of Potato & Leek Soup in a Mug VDEHG
- 2  Slice of White Bread VDE
- 3  Slice of Brown Bread ♥ VDE
- 4

**Choose one of the following**

- 5  Apple Juice ♥ VG
- 6  Orange Juice ♥ VG

**Choose one of the following plus veg**

- 7  Macaroni Cheese VDEH
- 8  Chilli Con Carne ♥ DHE
- 9  Side Salad VDG
- 10  White Rice ♥ VDG
- 11  Mixed Bean Salad ♥ DG
- 12  Cheese Omelette VDEHG
- 13  Jacket Potato & Baked Beans (Vegan) ♥ DGV
- 14  Tuna Mayo Sandwich/White DH
- 15  Hummus Salad Sandwich/Brown (Vegan) VDH
- 16  Ham Sandwich/Brown ♥ D
- 17  Ham Sandwich/White D

**Choose one Dessert Course**

- 18  Apple Crumble (in season) VEH
- 19  Custard VEG
- 20  Fresh Plum (in season) ♥ VDG
- 21  Fruit Jelly VDEG
- 22  Fruit Yogurt VDEG

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

*Fresh, Local, Nutritious*  
Supporting local food, freshly prepared



**For Ward Use Only**

Red Tray  Assistance Required



**Monday Lunch Week 1**

NAME .....

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**Monday Supper Week 1**

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**Portion Size**

SMALL  MEDIUM  LARGE

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SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

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**Choose one of the following**

1  Orange Juice ♥ VG

2  Rich Tomato Soup in a Mug ♥ VDEG

3

**Choose one Main Course**

4  Sweet Potato Bake (Vegan) ♥ VDE

5  Chicken Casserole ♥ DEH

6  Mild Beef Curry DHE

7  Egg Salad ♥ VDG

8  Tuna Sandwich/Brown ♥ D

9  Cheese Sandwich/White VDH

**Small Appetite Meal - Served on a Small Plate**

10  Chicken Casserole DEH

**Choose two of the following**

11  Cauliflower ♥ VDEG

12  Sweetcorn ♥ VDG

13  Side Salad ♥ VDG

14

**Choose one of the following plus gravy**

15  Pilau Rice ♥ VDG

16  Parsley Potatoes VDEG

17  Gravy VDEG

**Choose one Dessert Course**

18  Strawberry Mousse VEH

19

20  Fresh Apple (in season) ♥ VDG

21  Fruit Jelly VDEG

22  Vanilla Ice Cream VDEG

**Choose Mid Meal Snack**

23  Fruit Flapjack

**Choose two of the following**

1  Vegetable Soup in a Mug ♥ VDEG

2  Slice of White Bread VDE

3  Slice of Brown Bread ♥ VDE

4

**Choose one of the following**

5  Apple Juice ♥ VG

6  Orange Juice ♥ VG

**Choose one of the following plus veg**

7  Meat Free Sausages (Vegan) VD

8  Pork and Apple Casserole DHE

9  Baked Beans ♥ VD

10  Parsley Potatoes VDEG

11  Turkey Salad ♥ DG

12  Plain Omelette VDEHG

13  Jacket Potato with Cheese ♥ VDG

14  Tuna Sandwich/White D

15  Cheese Sandwich/Brown VDH

16  Chicken Mayo Sandwich/Brown ♥ DH

17  Chicken Mayo Sandwich/White DH

**Choose one Dessert Course**

18  Plum Crumble ♥ VHEG

19  Reduced Sugar Custard VDEG

20  Yoghurt VEHG

21  Fresh Pear (in season) VG

22

**Fresh Fruit and Snacks**

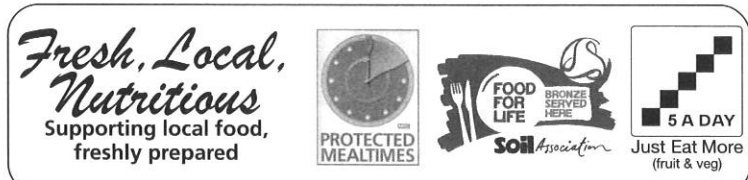
Fresh fruit and snacks are available anytime.  
 Please ask your ward Nurse

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.



Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray  Assistance Required

**For Ward Use Only**

Red Tray  Assistance Required



**Tuesday Lunch Week 1**

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**Tuesday Supper Week 1**

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**Portion Size**

SMALL  MEDIUM  LARGE

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice ♥ VG
- 2  Mushroom Soup in a Mug VDEG
- 3

**Choose one Main Course**

- 4  Vegetable Ratatouille (Vegan) VDG
- 5  Creamy Chicken & Coriander Stew DEH
- 6  Honey Glazed Roast Gammon DHG
- 7  Cheese Salad DHG
- 8  Tuna Mayo Sandwich/Brown DEH
- 9  Cheese Sandwich/White VDH

Small Appetite Meal - Served on a Small Plate

- 10  Creamy Chicken & Coriander Stew DEH

**Choose two of the following**

- 11  Cabbage (in season) ♥ VDEG
- 12  Mixed Vegetables ♥ VDG
- 13
- 14

**Choose one of the following plus Gravy**

- 15  Roasted New Potatoes VD
- 16  Parsley Potatoes ♥ VDEG
- 17  Gravy VDEG

**Choose one Dessert Course**

- 18  Reduced Sugar Semolina Pudding VDE
- 19  Fresh Satsuma ♥ VDG
- 20  Vanilla Ice Cream VDEG
- 21  Fruit Jelly VDEG
- 22  Fresh Fruit Salad ♥ VDG

**Choose Mid Meal Snack**

- 23  Hummus and Cucumber

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray  Assistance Required

**Choose two of the following**

- 1  Minted Pea Soup in a Mug VDEHG
- 2  Slice of White Bread VDE
- 3  Slice of Brown Bread ♥ VDE
- 4

**Choose one of the following**

- 5  Apple Juice ♥ VG
- 6  Orange Juice ♥ VG

**Choose one of the following plus veg**

- 7  Veg Cottage Pie with Cheese (Vegan) VDEG
- 8  Cottage Pie DHE
- 9  Side Salad ♥ VDG
- 10  Chicken & Bacon Salad ♥ DG
- 11  Cheese Omelette VDEHG
- 12  Jacket Potato with Baked Beans (Vegan) DGV
- 13  Tuna Mayo Sandwich/White DHG
- 14  Cheese Sandwich/Brown VDH
- 15  Ham Sandwich/Brown ♥ DH
- 16  Ham Sandwich/White DH
- 17

**Choose one Dessert Course**

- 18  Apple Crumble (in season) VEH
- 19  Custard VDH
- 20  Fruit Yoghurt VEG
- 21  Fresh Plum (in season) ♥ VDG
- 22  Cheese and Biscuits VE

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup
- Mustard
- Mayonnaise
- Salad Cream
- Vinegar
- Tartare Sauce

*Fresh, Local, Nutritious*  
Supporting local food, freshly prepared



**For Ward Use Only**

Red Tray  Assistance Required



**NHS**  
Salisbury  
NHS Foundation Trust



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Salisbury  
NHS Foundation Trust



**Wednesday  
Lunch Week 1**

NAME .....  
WARD .....

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H = High Protein/High Energy E = Easy Chew G = Gluten Free

**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice ♥ VG  
 2  Broccoli & Stilton Soup in a Mug VDEG  
 3

**Choose one Main Course**

- 4  Bean & Vegetable Bake (Vegan) VDE  
 5  Steamed Fish in Tomato Sauce ♥ DE  
 6  Pork in Mild Mustard Sauce DEH  
 7  Ham Salad ♥ DG  
 8  Tuna Sandwich/Brown DH  
 9  Cheese Sandwich/White VDH

**Small Appetite Meal - Served on a Small Plate**

- 10  Steamed Fish in Tomato Sauce ♥ DE

**Choose two of the following**

- 11  Carrots ♥ VDEG  
 12  Peas (in season) ♥ VDG  
 13   
 14

**Choose one of the following plus Gravy**

- 15  Boiled Potatoes VDEG  
 16  Mashed Potatoes VDEG  
 17  Gravy VDEG

**Choose one Dessert Course**

- 18  Reduced Sugar Rice Pudding VDEG  
 19  Fresh Apple (in season) ♥ VDG  
 20  Fruits of the Forest Trifle VEG  
 21  Fresh Banana DEG  
 22

**Choose Mid Meal Snack**

- 23  Cheese and Biscuits

- Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray  Assistance Required

**Wednesday  
Supper Week 1**

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**Portion  
Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose two of the following**

- 1  Cream of Tomato Soup in a Mug VDEG  
 2  Slice of White Bread VDE  
 3  Slice of Brown Bread ♥ VDE  
 4

**Choose one of the following**

- 5  Apple Juice ♥ VG  
 6  Orange Juice ♥ VG

**Choose one of the following plus veg**

- 7  Vegetable and Lentil Chilli (Vegan) VDEG  
 8  Mildly Spiced Tomato Chicken Pasta DHE  
 9  Side Salad ♥ VDG  
 10  Tuna Mayonnaise Salad ♥ DG  
 11  Plain Omelette VDEHG  
 12  Jacket Potato with Cheese ♥ VDG  
 13  Tuna Sandwich/White DH  
 14  Cheese Sandwich/Brown VDH  
 15  Egg Mayo Sandwich/Brown VD  
 16  Egg Mayo Sandwich/White VD  
 17

**Choose one Dessert Course**

- 18  Pear Crumble (in season) VHE  
 19  Fruit Jelly VDEG  
 20  Reduced Sugar Custard ♥ VDG  
 21  Vanilla Ice Cream VDEG  
 22  Fresh Pear (in season) VDG

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

*Fresh, Local,  
Nutritious*  
Supporting local food,  
freshly prepared



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**Thursday  
Lunch Week 1**

NAME .....  
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**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice ♥ VG
- 2  White Onion Soup in a Mug ♥ VDEG
- 3

**Choose one Main Course**

- 4  Mild Sweet Potato & Lentil Curry (Vegan) ♥ VDEG
- 5  Roast Pork DH
- 6  Beef Lasagne DEH
- 7  Smoked Mackerel Salad ♥ D
- 8  Cheese Sandwich/Brown VDH
- 9  Ham Sandwich/White D

Small Appetite Meal - Served on a Small Plate

- 10  Roast Pork DH

**Choose two of the following plus Gravy**

- 11  Swede (in season) ♥ VDEG
- 12  Broccoli ♥ VDEG
- 13
- 14  Gravy VDEG

**Choose one of the following**

- 15  Aromatic White Rice VDG
- 16  Mashed Potatoes VDEG
- 17  Roast Potatoes VDG

**Choose one Dessert Course**

- 18  Reduced Sugar Semolina Pudding VDE
- 19  Fresh Apple (in season) ♥ VDG
- 20  Fruit Jelly VDE
- 21  Vanilla Ice Cream VDE
- 22

**Choose Mid Meal Snack**

- 23  Fruit Flapjack

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

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**Thursday  
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**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose two of the following**

- 1  Creamy of Mushroom Soup in a Mug VDEG
- 2  Slice of White Bread VDE
- 3  Slice of Brown Bread ♥ VDE
- 4

**Choose one of the following**

- 5  Apple Juice ♥ VG
- 6  Orange Juice ♥ VG

**Choose one of the following plus veg**

- 7  Cheese & Onion Quiche - Served Hot VEH
- 8  Wiltshire Ham Pie in Shortcrust Pastry DH
- 9  Side Salad ♥ VDG
- 10  Ham Salad ♥ DG
- 11  Cheese Omelette VDEHG
- 12  Jacket Potato with Hummus & Peppers (Vegan) VDE
- 13  Cheese Sandwich/White VDEH
- 14  Hummus Salad Sandwich/Brown VDH
- 15  Hummus Salad Sandwich/White VDH
- 16  Ham Sandwich/Brown D
- 17

**Choose one Dessert Course**

- 18  Eton Mess VEH
- 19  Cheese and Biscuits VDH
- 20  Fresh Plum (in season) ♥ VDG
- 21  Fruit Yoghurt VEHG
- 22  Reduced Sugar Yoghurt ♥ VDEG

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

*Fresh, Local,  
Nutritious*  
Supporting local food,  
freshly prepared



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**Friday Lunch Week 1**

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**Friday Supper Week 1**

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**Portion Size**

SMALL  MEDIUM  LARGE

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

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**Choose one of the following**

1  Orange Juice ♥ VG

2  Roast Vegetable & Lentil Soup in a Mug ♥ VDEG

3

**Choose one Main Course**

4  Vegetable Sweet & Sour (Vegan) VDEG

5  Battered White Fish and Lemon DH

6  Beef & Mushroom Hot Pot DH

7  Chicken Caesar Salad ♥ VD

8  Tuna Mayonnaise Sandwich/Brown DH

9  Cheese Sandwich/White VDH

Small Appetite Meal - Served on a Small Plate

10  Beef & Mushroom Hot Pot DH

**Choose two of the following plus Gravy**

11  Cauliflower ♥ VDEG

12  Mushy Peas ♥ VDEG

13

14  Gravy VDEG

**Choose one of the following**

15  Mashed Potatoes VDEG

16  Chipped Potatoes VDH

17  Rice VDG

**Choose one Dessert Course**

18  Blackberry & Apple Crumble (in season) VEH

19  Reduced Sugar Custard VDH

20  Fresh Pear (in season) ♥ VDG

21  Vanilla Ice Cream VDEG

22  Fruit Jelly VDEG

**Choose Mid Meal Snack**

23  Hummus and Cucumber

**Choose two of the following**

1  Cream of Parsnip Soup in a Mug VDEG

2  Slice of White Bread VDE

3  Slice of Brown Bread ♥ VDE

4

**Choose one of the following**

5  Apple Juice ♥ VG

6  Orange Juice ♥ VG

**Choose one of the following plus veg**

7  Vegetable Lentil Spaghetti Bolognese (Vegan) ♥ VDE

8  Mild Chicken Curry DHE

9  White Rice ♥ VDG

10  Side Salad ♥ VDG

11  Turkey Salad ♥ DG

12  Plain Omelette VDEHG

13  Jacket Potato with Tuna ♥ DG

14  Tuna Mayonnaise Sandwich/White DH

15  Cheese Sandwich/Brown VDH

16  Chicken Mayo Sandwich/Brown ♥ D

17  Chicken Mayo Sandwich/White D

**Choose one Dessert Course**

18  Reduced Sugar Rice Pudding VDEG

19  Fresh Apple (in season) ♥ VDG

20  Fresh Banana VDH

21  Vanilla Ice Cream VDEG

22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team



**For Ward Use Only**

Red Tray  Assistance Required

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Red Tray  Assistance Required



**NHS**  
Salisbury  
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**NHS**  
Salisbury  
NHS Foundation Trust



**Saturday  
Lunch Week 1**

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**Portion  
Size**

SMALL    MEDIUM    LARGE

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice   **♥ VG**
- 2  Vegetarian Scotch Broth in a Mug   **♥ VDEG**
- 3

**Choose one Main Course**

- 4  Lentil & Vegetable Stew (Vegan)   **♥ DEVG**
- 5  Braised Beef with Onion & Beer   **DEH**
- 6  White Fish in Parsley Sauce   **♥ DEH**
- 7  Egg & Spinach Salad   **VDG**
- 8  Ham Sandwich/Brown   **D**
- 9  Egg Mayo Sandwich/White   **VD**

Small Appetite Meal - Served on a Small Plate

- 10  Braised Beef with Onion & Beer   **DEH**

**Choose two of the following**

- 11  Carrots   **♥ VDEG**
- 12  Broad Beans   **♥ VDG**
- 13
- 14

**Choose one of the following plus Gravy**

- 15  Mashed Potatoes   **VDEG**
- 16  Boiled Potatoes   **VDEG**
- 17  Gravy   **VDEG**

**Choose one Dessert Course**

- 18  Chocolate Mousse   **VEH**
- 19  Reduced Sugar Custard   **♥ VDGHE**
- 20  Vanilla Ice Cream   **VDEG**
- 21  Fruit Jelly   **VDEG**
- 22  Banana   **DEG**

**Choose Mid Meal Snack**

- 23  Fresh Grapes

- Ketchup    Mustard    Mayonnaise
- Salad Cream    Vinegar    Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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**Choose two of the following**

- 1  Cream of Carrot & Coriander Soup in a Mug   **VDEHG**
- 2  Slice of White Bread   **VDE**
- 3  Slice of Brown Bread   **♥ VDE**
- 4

**Choose one of the following**

- 5  Apple Juice   **♥ VG**
- 6  Orange Juice   **♥ VG**

**Choose one of the following plus veg**

- 7  Vegetable Cottage Pie (Vegan)   **♥ VDEG**
- 8  Sweet & Sour Chicken   **HG**
- 9  White Rice   **♥ VDG**
- 10  Side Salad   **♥ VDG**
- 11  Beef Salad   **♥ DG**
- 12  Cheese Omelette   **VDEHG**
- 13  Jacket Potato Baked Beans (Vegan)   **♥ DG**
- 14  Ham Sandwich/White   **D**
- 15  Cheese Sandwich/Brown   **DH**
- 16  Cheese Sandwich/White   **DH**
- 17  Egg Mayo Sandwich/Brown   **♥ VD**

**Choose one Dessert Course**

- 18  Reduced Sugar Semolina Pudding   **VDE**
- 19  Cheese and Biscuits   **VDH**
- 20  Fresh Apple (in season)   **♥ VDG**
- 21  Reduced Sugar Yoghurt   **♥ VDEG**
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup    Mustard    Mayonnaise
- Salad Cream    Vinegar    Tartare Sauce

*Fresh, Local,  
Nutritious*  
Supporting local food,  
freshly prepared



Just Eat More  
(fruit & veg)

**For Ward Use Only**

Red Tray    Assistance Required



**Sunday Lunch Week 2**

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**Portion Size** SMALL  MEDIUM  LARGE

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■ Please fill in the box next to your choice like this

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**Choose one of the following**

1  Orange Juice ♥ VG

2  Pea & Watercress Soup in a Mug ♥ VDEG

3

**Choose one Main Course**

4  Mixed Bean Lasagne (Vegan) VDE

5  Roast Turkey & Stuffing DH

6  Grilled Sausages DH

7  Mixed Bean & Feta Cheese Salad VDG

8  Tuna Mayonnaise Sandwich/Brown DH

9  Cheese Sandwich/White VDH

Small Appetite Meal - Served on a Small Plate

10  Roast Turkey & Stuffing DH

**Choose two of the following**

11  Cauliflower ♥ VDEG

12  Peas ♥ VDGE

13

14

**Choose one of the following plus Gravy**

15  Mashed Potatoes VDEG

16  Roast Potatoes VDG

17  Gravy VDEG

**Choose one Dessert Course**

18  Rice Pudding Reduced Sugar VEHD

19  Fruit Yoghurt VEHG

20  Reduced Sugar Yoghurt ♥ VDEG

21  Fresh Pear (in season) ♥ VDG

22  Vanilla Ice Cream VDEG

**Choose Mid Meal Snack**

23  Cheese and Biscuits

**Choose two of the following**

1  Butternut, Butterbean & Ginger Soup in a Mug VDEHG

2  Slice of White Bread VDE

3  Slice of Brown Bread ♥ VDE

4

**Choose one of the following**

5  Apple Juice ♥ VG

6  Orange Juice ♥ VG

**Choose one of the following plus veg**

7  Sweet Potato & Vegetable Bake (Vegan) VDE

8  Minced Beef & Onion Pie with Pastry Top DH

9  Parsley Potatoes VDEG

10  Side Salad ♥ VDG

11  Ham Salad ♥ DG

12  Plain Omelette VDEHG

13  Jacket Potato & Tuna ♥ DG

14  Tuna Mayonnaise Sandwich/White DH

15  Cheese Sandwich/Brown VDH

16  Chicken Mayo Sandwich/Brown ♥ D

17  Chicken Mayo Sandwich/White D

**Choose one Dessert Course**

18  Fruit Trifle VDEG

19  Fresh Apple (in season) ♥ VDG

20  Fruit Jelly VDEG

21  Vanilla Ice Cream VDEG

22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
 Please ask your ward Nurse

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team



**For Ward Use Only**

Red Tray  Assistance Required

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Red Tray  Assistance Required





**Monday Lunch Week 2**

NAME .....

WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
 H = High Protein/High Energy E = Easy Chew G = Gluten Free

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose one of the following**

1  Orange Juice ♥ VG

2  Cream of Carrot Soup in a Mug VDEG

3

**Choose one Main Course**

4  Courgette & Mushroom Pasta Bake (Vegan) VDE

5  Beef and Vegetable Stew DEH

6  Sweet & Sour Pork EG

7  Apple & Cheddar Salad VDHG

8  Tuna Sandwich/Brown ♥ D

9  Egg Mayo Sandwich/White VDH

Small Appetite Meal - Served on a Small Plate

10  Sweet & Sour Pork EG

**Choose two of the following**

11  Green Beans ♥ VDG

12  Carrots ♥ VDEG

13

14

**Choose one of the following plus Gravy**

15  White Rice ♥ VDG

16  Boiled Potatoes ♥ VDEG

17  Gravy VDEG

**Choose one Dessert Course**

18  Pear Crumble VH

19  Reduced Sugar Custard VDH

20  Fresh Plum (in season) ♥ VDG

21  Fruit Jelly VDEG

22  Vanilla Ice Cream EVDG

**Choose Mid Meal Snack**

23  Fruit Flapjack

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray  Assistance Required

NAME .....

WARD .....

**Monday Supper Week 2**

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
 H = High Protein/High Energy E = Easy Chew G = Gluten Free

**Portion Size**

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

**Choose two of the following**

1  Vegetable Soup in a Mug ♥ VDEG

2  Slice of White Bread VDE

3  Slice of Brown Bread ♥ VDE

4

**Choose one of the following**

5  Apple Juice ♥ VG

6  Orange Juice ♥ VG

**Choose one of the following plus veg**

7  Vegetable Roasted with Tofu (Vegan) VDEH

8  Braised Chicken & Butternut Squash DHE

9  Boiled Potato ♥ VDE

10  Side Salad ♥ VDG

11  Tuna Salad ♥ DG

12  Cheese Omelette VDEHG

13  Jacket Potato with Cheese ♥ VDG

14  Tuna Sandwich/White D

15  Egg Mayonnaise Sandwich/Brown VDH

16  Ham Sandwich/Brown ♥ D

17  Ham Sandwich/White D

**Choose one Dessert Course**

18  Reduced Sugar Semolina Pudding VDS

19  Fresh Banana ♥ VEHG

20  Vanilla Ice Cream VDEG

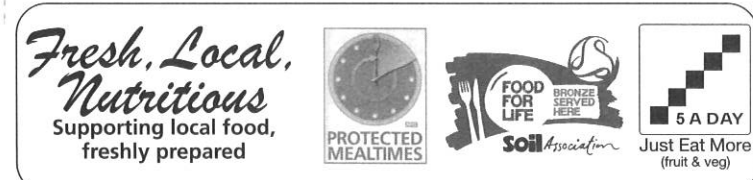
21  Chocolate Mousse ♥ VGE

22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
 Please ask your ward Nurse

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce



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**NHS**  
Salisbury  
NHS Foundation Trust



**NHS**  
Salisbury  
NHS Foundation Trust



**Tuesday Lunch Week 2** NAME .....  
WARD .....

NAME ..... **Tuesday Supper Week 2**  
WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
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D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
H = High Protein/High Energy E = Easy Chew G = Gluten Free

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice ♥ VG
- 2  Cream of White Bean & Thyme Soup in a Mug ♥ VDEG
- 3

**Choose one Main Course**

- 4  Mixed Bean Casserole (Vegan) ♥ VD
- 5  Roast Chicken DH
- 6  Liver and Bacon Casserole DEH
- 7  Cheese & Coleslaw Salad VDG
- 8  Chicken Mayo Sandwich/Brown DH
- 9  Cheese Sandwich/White VDH

Small Appetite Meal - Served on a Small Plate

- 10  Liver and Bacon Casserole DEH

**Choose two of the following**

- 11  Sweetcorn ♥ VDG
- 12  Cabbage (in season) ♥ VDEG
- 13
- 14

**Choose one of the following plus Gravy**

- 15  Roast Potatoes VDG
- 16  Mashed Potatoes VDEG
- 17  Gravy VDEG

**Choose one Dessert Course**

- 18  Sticky Toffee Pudding VEH
- 19  Custard VDHE
- 20  Fresh Apple (in season) ♥ VDG
- 21  Fruit Yoghurt VDEG
- 22  Reduced Sugar Yoghurt DEG

**Choose Mid Meal Snack**

- 23  Hummus and Cucumber

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

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**Choose two of the following**

- 1  Cream of Tomato Soup in a Mug VDEG
- 2  Slice of White Bread VDE
- 3  Slice of Brown Bread ♥ VDE
- 4

**Choose one of the following**

- 5  Apple Juice ♥ VG
- 6  Orange Juice ♥ VG

**Choose one of the following plus veg**

- 7  Butternut Squash & Mushroom Bake (Vegan) VDE
- 8  Tender Pork & Apple Sage Crumble DH
- 9  Side Salad ♥ VDG
- 10  Boiled Potatoes VD
- 11  Beef Salad ♥ DG
- 12  Plain Omelette VDEHG
- 13  Jacket Potato with Tuna Mayonnaise ♥ DG
- 14  Chicken Mayo Sandwich/ White VDH
- 15  Hummus Salad Sandwich/Brown VDH
- 16  Hummus Salad Sandwich/White DHV
- 17  Cheese Sandwich/Brown VDH

**Choose one Dessert Course**

- 18  Rice Pudding VEG
- 19  Fruit Jelly VDEG
- 20  Plum (in season) ♥ VDG
- 21  Strawberry Mousse DEG
- 22  Vanilla Ice Cream VDEG

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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Salisbury  
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**Wednesday  
Lunch Week 2**

NAME .....

WARD .....

**D** = Diabetic Diet   **♥** = Healthy Option   **V** = Vegetarian  
**H** = High Protein/High Energy   **E** = Easy Chew   **G** = Gluten Free

**Portion Size**

SMALL    MEDIUM    LARGE

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice   **♥ VG**
- 2  Cheesy Leek & Mustard Soup in a Mug   **VDEG**
- 3

**Choose one Main Course**

- 4  Vegetable and Chick Pea Chilli (Vegan)   **♥ VDE**
- 5  Mild Chicken Curry   **DH**
- 6  Poached Fish in Parsley Sauce   **DHE**
- 7  Mixed Bean & Feta Cheese Salad   **VDHG**
- 8  Cheese Sandwich/Brown   **DHV**
- 9  Egg Mayonnaise Sandwich/White   **VDH**

Small Appetite Meal - Served on a Small Plate

- 10  Poached Fish in Parsley Sauce   **DHE**

**Choose two of the following plus Gravy**

- 11  Cauliflower   **VEG**
- 12  Mixed Vegetables   **♥ VDG**
- 13  Side Salad   **♥ VDG**
- 14  Gravy   **VDEG**

**Choose one of the following**

- 15  White Rice   **♥ VDG**
- 16  Mashed Potatoes   **VDEG**
- 17  Roast Potatoes   **VDG**

**Choose one Dessert Course**

- 18  Reduced Sugar Rice Pudding   **DVEH**
- 19  Fresh Pear (in season)   **♥ VDDG**
- 20  Vanilla Ice Cream   **DEG**
- 21  Fruit Jelly   **DEG**
- 22

**Choose Mid Meal Snack**

- 23  Cheese and Biscuits

- Ketchup    Mustard    Mayonnaise
- Salad Cream    Vinegar    Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

**For Ward Use Only**

Red Tray    Assistance Required

NAME .....

WARD .....

**Wednesday  
Supper Week 2**

**D** = Diabetic Diet   **♥** = Healthy Option   **V** = Vegetarian  
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**Portion Size**

SMALL    MEDIUM    LARGE

■ Please fill in the box next to your choice like this

**Choose two of the following**

- 1  Sweet Potato & Coconut Soup in a Mug   **VDEG**
- 2  Slice of White Bread   **VDE**
- 3  Slice of Brown Bread   **♥ VDE**
- 4

**Choose one of the following**

- 5  Apple Juice   **♥ VG**
- 6  Orange Juice   **♥ VG**

**Choose one of the following plus veg**

- 7  Vegetable Lasagne (Vegan)   **♥ VDE**
- 8  Grilled Sausages   **DH**
- 9  Baked Beans   **♥ VD**
- 10  Sauté Potatoes   **♥ D**
- 11  Ham Salad   **DHG**
- 12  Jacket Potato with Coleslaw   **♥ DG**
- 13  Cheese Sandwich/White   **DHV**
- 14  Egg Mayonnaise Sandwich/Brown   **VDH**
- 15  Ham Sandwich/Brown   **♥ D**
- 16  Ham Sandwich/White   **D**
- 17

**Choose one Dessert Course**

- 18  Eton Mess   **VDEG**
- 19  Fruit Jelly   **VDH**
- 20  Fresh Apple (in season)   **♥ VDG**
- 21  Vanilla Ice Cream   **VDEG**
- 22

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup    Mustard    Mayonnaise
- Salad Cream    Vinegar    Tartare Sauce

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**Thursday Lunch Week 2** NAME .....  
WARD .....

NAME ..... **Thursday Supper Week 2**  
WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
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**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose one of the following**

1  Orange Juice ♥ VG  
2  Creamy Carrot & Coriander Soup in a Mug ♥ VDEHG  
3

**Choose one Main Course**

4  Vegetable Curry (Vegan) VDEH  
5  Roast Gammon DH  
6  Cottage Pie DEH  
7  Cheese & Broccoli Quiche Salad ♥ D  
8  Tuna Sandwich/Brown D  
9  Cheese Sandwich/White VDH  
Small Appetite Meal - Served on a Small Plate  
10  Cottage Pie DEH

**Choose two of the following plus Gravy**

11  Broccoli (in season) ♥ VDEG  
12  Carrots ♥ VDG  
13   
14  Gravy VDEG

**Choose one of the following**

15  Mashed Potatoes VDEG  
16  Roast Potatoes VDG  
17  Rice VDG

**Choose one Dessert Course**

18  Chocolate Mousse VEH  
19  Fruit Trifle VE  
20  Vanilla Ice Cream VEG  
21  Fresh Satsuma ♥ VDG  
22

**Choose Mid Meal Snack**

23  Fruit Flapjack

**Choose two of the following**

1  Cream of Celery Soup in a Mug VDEHG  
2  Slice of White Bread VDE  
3  Slice of Brown Bread ♥ VDE  
4

**Choose one of the following**

5  Apple Juice ♥ VG  
6  Orange Juice ♥ VG

**Choose one of the following plus veg**

7  Vegetable Pasty (Vegan) VH  
8  Spaghetti Bolognese DEH  
9  Side Salad ♥ VD  
10  Tuna Mayonnaise Salad ♥ DG  
11  Plain Omelette VDEHG  
12  Jacket Potato with Coronation Chicken DG  
13  Tuna Sandwich/White DH  
14  Cheese Sandwich/Brown VDH  
15  Ham Sandwich/Brown ♥ D  
16  Ham Sandwich/White D  
17

**Choose one Dessert Course**

18  Semolina Pudding VEH  
19  Fruit Jelly VDH  
20  Fresh Apple (in season) ♥ VDG  
21  Fruit Yoghurt VEHG  
22  Reduced Sugar Yoghurt ♥ VDEG

**Fresh Fruit and Snacks**  
Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

Ketchup  Mustard  Mayonnaise  
 Salad Cream  Vinegar  Tartare Sauce

**Optional**  
Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

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Just Eat More (fruit & veg)

Tick here to see a member of the Catering Team

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Red Tray  Assistance Required

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Red Tray  Assistance Required



**Friday Lunch Week 2** NAME .....  
WARD .....

NAME ..... **Friday Supper Week 2**  
WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
H = High Protein/High Energy E = Easy Chew G = Gluten Free

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
H = High Protein/High Energy E = Easy Chew G = Gluten Free

**Portion Size** SMALL  MEDIUM  LARGE

**Portion Size** SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

■ Please fill in the box next to your choice like this

**Choose one of the following**

- 1  Orange Juice ♥ VG
- 2  Vegetable and Herb Soup in a Mug ♥ VDEG
- 3

**Choose one Main Course**

- 4  Lentil & Aubergine Bake (Vegan) VDHE
- 5  Battered White Fish and Lemon DH
- 6  Steak & Kidney Pie DH
- 7  Chicken & Bacon Salad ♥ DG
- 8  Tuna Mayonnaise Sandwich/Brown DH
- 9  Cheese Sandwich/White VD

Small Appetite Meal - Served on a Small Plate

- 10  Steak & Kidney Pie DH

**Choose two of the following**

- 11  Mushy Peas ♥ VDEG
- 12  Sweetcorn ♥ VDG
- 13
- 14

**Choose one of the following plus Gravy**

- 15  Mashed Potatoes VDEG
- 16  Chipped Potatoes VDH
- 17  Gravy VDSG

**Choose one Dessert Course**

- 18  Reduced Sugar Rice Pudding VDEG
- 19  Fruit Yoghurt VEHG
- 20  Reduced Sugar Yoghurt ♥ VDEG
- 21  Fresh Pear (in season) ♥ VDG
- 22  Vanilla Ice Cream VDEG

**Choose Mid Meal Snack**

- 23  Hummus and Cucumber

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

**Optional**

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

- Tick here to see a member of the Catering Team

**For Ward Use Only**

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**Choose two of the following**

- 1  Cream of Spinach Soup in a Mug VDEG
- 2  Slice of White Bread VDE
- 3  Slice of Brown Bread ♥ VDE
- 4

**Choose one of the following**

- 5  Apple Juice ♥ VG
- 6  Orange Juice ♥ VG

**Choose one of the following plus veg**

- 7  Tomato & Herb Cheese Pasta Bake (Vegan) VDE
- 8  Mild Beef Curry DEH
- 9  White Rice ♥ VDG
- 10  Side Salad ♥ VG
- 11  Turkey Salad ♥ DG
- 12  Cheese Omelette VDEHG
- 13  Jacket Potato with Baked Beans (Vegan) ♥ VDG
- 14  Chicken Mayo Sandwich/Brown DH
- 15  Chicken Mayo Sandwich/White D
- 16  Tuna Mayonnaise Sandwich/White DH
- 17  Cheese Sandwich/Brown VDS

**Choose one Dessert Course**

- 18  Strawberry Mousse VEH
- 19  Fruit Jelly VDEG
- 20  Fresh Apple (in season) ♥ VDG
- 21  Vanilla Ice Cream VEG
- 22  Banana VDEG

**Fresh Fruit and Snacks**

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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**For Ward Use Only**

- Red Tray  Assistance Required



## Saturday Lunch Week 2

NAME .....

WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
H = High Protein/High Energy E = Easy Chew G = Gluten Free

### Portion Size

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose one of the following

- 1  Orange Juice ♥ VG
- 2  Cream of Sweetcorn Soup in a Mug ♥ VDG
- 3

### Choose one Main Course

- 4  Vegetable Sweet & Sour (Vegan) VE
- 5  Chicken & Mushroom Pie DH
- 6  Pork in Cider Sauce ♥ DEH
- 7  Cheese Salad & Coleslaw VDG
- 8  Cheese Sandwich/Brown VDH
- 9  Hummus Sandwich/White DH

Small Appetite Meal - Served on a Small Plate

- 10  Chicken & Mushroom Pie DH

### Choose two of the following

- 11  Carrots ♥ VDEG
- 12  Peas (in season) ♥ VDG
- 13
- 14

### Choose one of the following plus Gravy

- 15  Mashed Potatoes VDEG
- 16  White Rice ♥ VDG
- 17  Gravy VDEG

### Choose one Dessert Course

- 18  Reduced Sugar Semolina Pudding VDE
- 19  Fresh Satsuma ♥ VDG
- 20  Vanilla Ice Cream VDEG
- 21  Fruit Yoghurt VEG
- 22  Reduced Sugar Yoghurt ♥ VDEG

### Choose Mid Meal Snack

- 23  Fresh Grapes

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

### Optional

Jacket Potatoes with a limited range of fillings and Omelettes are available, please ask the ward team to order for you.

Tick here to see a member of the Catering Team

### For Ward Use Only

Red Tray  Assistance Required

NAME .....

WARD .....

D = Diabetic Diet ♥ = Healthy Option V = Vegetarian  
H = High Protein/High Energy E = Easy Chew G = Gluten Free

### Portion Size

SMALL  MEDIUM  LARGE

■ Please fill in the box next to your choice like this

### Choose two of the following

- 1  Curried Parsnip Soup in a Mug VDEHG
- 2  Slice of White Bread VDE
- 3  Slice of Brown Bread ♥ VDE
- 4

### Choose one of the following

- 5  Apple Juice ♥ VG
- 6  Orange Juice ♥ VG

### Choose one of the following plus veg

- 7  Steakless Pasty (Vegan) ♥ VDE
- 8  Sweet & Sour Chicken DEG
- 9  Side Salad ♥ VDG
- 10  Chicken Mayonnaise Salad ♥ D
- 11  Rice VDG
- 12  Jacket Potato with Cheese VDG
- 13  Plain Omelette VDEHG
- 14  Egg Mayo Sandwich/Brown ♥ VD
- 15  Egg Mayo Sandwich/White VD
- 16  Hummus Sandwich/Brown DH
- 17  Cheese Sandwich/White VDH

### Choose one Dessert Course

- 18  Chocolate & Orange Mousse VEHG
- 19  Fresh Apple (in season) ♥ VDG
- 20  Fruit Jelly DEG
- 21  Vanilla Ice Cream VDEG
- 22

### Fresh Fruit and Snacks

Fresh fruit and snacks are available anytime.  
Please ask your ward Nurse

- Ketchup  Mustard  Mayonnaise
- Salad Cream  Vinegar  Tartare Sauce

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